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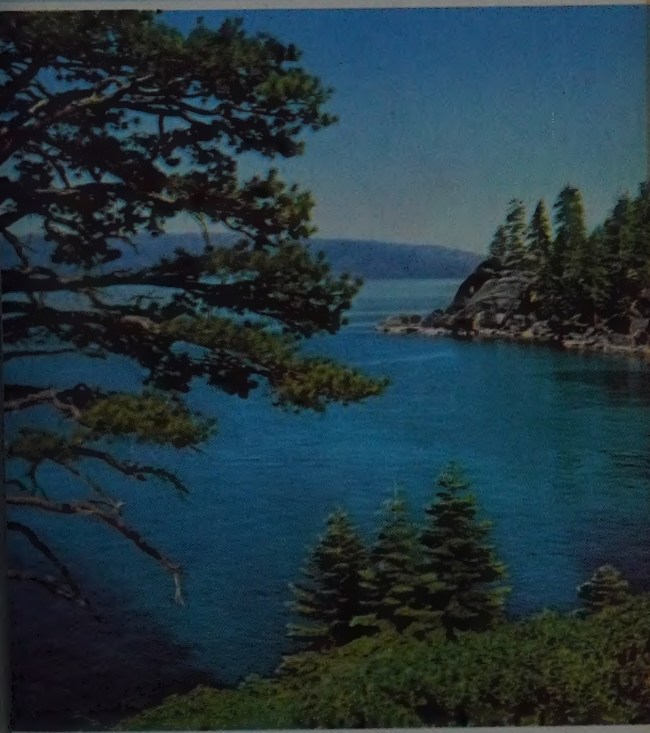

Waters of Silence

Unity

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Thinking in the Fourth Dimension

from the writings of

CHARLES FILLMORE

SCIENTISTS TELL us that the discoveries that their efforts are revealing convince them that they are just on the verge of stupendous truths. Christianity spiritually interpreted shows that Jesus understood the deeper things of God's universe. He understood exactly what the conditions were on the invisible side of life, which is termed in His teaching the "kingdom of God" or the "kingdom of the heavens." We are trying to connect His teaching with modern science in order to show the parallel; but as He said in Mark 4:23, "if any man hath ears to hear, let him hear." This means that we must develop a capacity for understanding in terms of the atomic structure of the universe.

Unless we have this spiritual capacity we do not understand. We think we have ears, but they are attuned to materiality. They do not get the radiations

from the supermind, the Christ Mind. Physiology working with psychology is demonstrating that hearing and seeing can be developed in every cell in the body, independent of ears and eyes. We hear and see with our minds working through our bodies. This being true, the capacity to hear may extend beyond the physical ear into the spiritual ethers, and we should be able to hear the voice of God. This extension of hearing is what Jesus taught. "If any man hath ears to hear, let him hear."

Then we are told that we must "take heed" what we hear. Many of us have found that as we develop this inner, spiritual hearing, we hear voices sometimes that do not tell the truth. These deceptive voices can be hushed by affirming the presence and power of the Lord Jesus Christ.

As you unfold your spiritual nature, you will find that it has the same capacity for receiving vibrations of sound as your outer, physical ear has. You do not give attention to all that you hear in the external; you discriminate as you listen. So in the development of this inner, spiritual ear take heed what you hear: discriminate.

Jesus said, "For he that hath, to him shall be given: and he that hath not, from him shall be taken away even that which he hath." How can what a man has not be taken away? We believe in our mortal consciousness that we have attained a great deal, but if we have not this inner, spiritual consciousness of reality our possessions are impermanent. Then we must be careful what we accumulate in our consciousness, because "he that hath, to him shall be given." The more spiritual Truth you pile

up in your mind, the more you have of reality, and the larger is your capacity for the unlimited; but if you have nothing of a spiritual character, what little you have of intellectual attainment will eventually be taken away from you.

The kingdom of the heavens, the new dimension of mind and energy that is being unfolded today in the spiritual ethers by the discoveries of the scientists, should not be divorced from the kingdom of heaven taught by Jesus. Jesus taught in parables because His listeners were not trained in science.

We know that the kingdom of the heavens or kingdom of God is not a place in the skies but an ideal state in creative mind, ready to be ushered into the minds of men.

We have thought that this kingdom of God was to be introduced into the world in a miraculous way. At the very beginning of His ministry Jesus announced, "The time is fulfilled, and the kingdom of God is at hand"; but it did not then appear. He said, "The kingdom of God cometh not with observation." Its source is not in outer things; it comes from sources within man. So we know that we must develop spiritual understanding and spiritual power in some respects exceeding that of Jesus. "He that believeth on me, the works that I do shall he do also; and greater." Man is the outpicturing of the infinite and creative Mind, and all the capacity of this great Mind is his by inheritance.

Jesus taught that man is the light of God. Without man God should be deaf and dumb and blind. Did you ever think that you are God's ears and God's mouth and God's eyes? You have doubtless

heard these statements before, but you have taken them metaphorically; but it is true that man is God, formulated.

God is Spirit, it is plainly taught, and the omnipotent, omnipresent essence from which all things proceed. Both science and religion agree on the fundamental fact that God is the source of all creation. Just how God puts Himself into His creation is not so universally understood or accepted. But Paul says that God is in us all and through us all and above us all; that is, God saturates us. God as Spirit is the ether or soil in which we grow as human plants.

Jesus compared this soil of God to the soil necessary to the vegetable kingdom, in which seed is cast and springs up and grows and unfolds by a series of orderly stages: "first the blade, then the ear, then the full grain in the ear." This seed is the God word, and it is tremendously prolific, much more so than any material seed.

When man points his mind toward God and allows his zeal to run in a single channel, he may become God-intoxicated. Peter the Hermit became intoxicated with the idea that God wanted Jerusalem rescued from Moslem rule, and he rode up and down Europe on his little mule shouting, "God wills it." His fanatical zeal started the Crusades that rolled from Europe to Palestine for nearly two hundred years.

When we recognize that great teachers and leaders of the race have really developed and expressed a superconsciousness that is potential in all persons, we have raised the hopes and the capacities of men from the human to the divine. These scien-

tific discoveries are proving that God is impartial and absolutely just in all His relations with humanity. When the natural world is scientifically and universally revealed, a great school of instruction in soul unfoldment will be established right here in our midst, and its results will be beyond all our present imaginings.

The mysteries of the supermind have always been considered the property of certain schools of occultists and mystics who were cautious about giving their truths to the masses for fear that in their ignorance these might misuse them. But now the doors are thrown wide open, and whosoever will may enter in.

Our attention in this day is being largely called to the revolution that is taking place in the economic world, but a revolution of even greater worth is taking place in the mental and spiritual worlds. A large and growing school of metaphysicians has made its advent in this generation, and it is radically changing the public mind toward religion. In other words, we are developing spiritual understanding, and this means that religion and its sources in tradition and in man are being inquired into and its principles applied in the development of a new cosmic mind for the whole human family. So we need a larger realization of the importance of man and the importance of every one of us in manifesting the God who is Spirit.

We have thought that the burden rested on God alone and that we were merely puppets in His hands; but Jesus taught otherwise, and our science proves that man dominates nature when he affirms his men-

tal supremacy. We are told that today we have invented machines that can produce faster than we yet know how to use, that our markets may be glutted with the products of these mechanical inventions, and that the products may become so cheap that those who produce them will come to want. We have wished that everything we touched might turn to gold; it has come to pass, and we are paralyzed by the pressure of the stuff we have piled up in our ingenuity and selfishness. We cannot eat it ourselves, and our greed makes us fearful that we shall lose all of it if we pass it out freely to others.

So the great need of the whole human family is to know this one supreme law of God as Spirit manifesting itself in the mind of man. It is then necessary that we understand our own importance as God manifestations. We should understand that we are not separate nor insignificant but the vital, important, integral parts of a mighty whole. Jesus realized the importance of the superman as a thinking power expressing God-Mind when He said, "No one cometh unto the Father, but by me."

We have thought that we were to accept Jesus as our Saviour, that He made propitiation for our sins, and that that was what He meant when He said we could not reach the Father except through Him. We have thought that He meant His personality and His great sacrifice; and we now have to admit that in its deeper, spiritual significance this is in a measure true. But in a more personal and intimate way we are vitally and spiritually intersphered with the Christ Mind in God, and we cannot measure up to and express our divinity unless we accept

Jesus' standard of the importance of man and the necessity of man in the great creative scheme of life.

All persons in rare moments catch glimpses of this creative plan as a whole, and of man's importance in its beauty and perfection.

But this subject is so deep and so far-reaching that it can be realized in small degree only by those who have developed spiritual sight and feeling, and practice thinking in the fourth dimension, or kingdom of God.

DEDICATION

Rowena Cheney

Help me, dear Lord, to do my part
In any work that must be done
To make this world a better one.
Oh, let my hand and mind and heart

Be dedicated to each task.
Let me remember, hour by hour,
That wisdom, courage, strength, and power
Are mine to claim. I need but ask

Thy guidance. Let me never shirk,
But humbly strive, with true good will
And patience, to attain the skill
Required to do my chosen work.

And grant me, at the end of day,
Those priceless blessings: peace and rest—
Thy gifts to those who do their best
To serve Thee and to walk Thy way.

He Healeth Me

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THE SAME HEALING power that Jesus knew and used is available to everyone who has faith in God as his health. Those who dwell in a consciousness of Truth find that they are protected from illness by a presence that watches over them at all times. They accept their healing in the unmanifest form, and their expression of gratitude and praise is a powerful factor in making it manifest itself. Healing takes place instantly and becomes visibly manifest according as we recognize and accept it.

Divine love is the law under which the universe operates; it is the law that heals every physical impairment. Since divine love is but another name for God this is merely a restatement of the fact that God is the great healer. There is no condition of mind, body, or affairs that cannot be healed when divine love is invoked through prayer and the mind is kept in an attitude of praise, free from fear and worry.

Although the body that our physical eyes behold may appear to have imperfections, we know that in Truth, in the sight of God, it is whole and perfect. To make this perfection manifest itself in visible form we deny the appearance of disease and affirm the reality of health.

To know that the healing power of God is always available to us is a comforting thought. God's will for us is perfection, and His power is mighty to overcome every adverse appearance of illness and imperfection. As we grow in Truth we become con-

scious of the power and authority of Spirit abiding in us. We come to know that no matter how chronic the condition is that we seem to have, how seemingly helpless we are, how old we are in years when we appeal to God, we are healed. Age and disease cannot withstand the divine authority of His power.

Every one of our seeming ills and weaknesses will vanish forever from our mind and body when we abide constantly and consciously in the thought of God as our active, abundant, ever-present life, filling every cell of our being with light and wholeness, lifting us up into the very presence of His glory. God is the one great healer, the one great harmonizer of every untoward condition.

Worry is the biggest stumbling block in the way of our receptivity to health. A fear-filled mind cannot comprehend the presence of health. An essential to the demonstration of health is the elimination of fear from the mind and its replacement with faith. Faith is positive. By declaring faith in God as health we give Him a chance to make health manifest.

God is the source of all healing, and it is His will that His children should manifest bodily perfection. We make contact with this great source of perfection through prayer. Every inharmonious bodily condition can be overcome through our realization that perfect health is His divine will for us.

Mere knowledge of the principles of mathematics will never solve a mathematical problem. We must make the correct application of the principles in order to get the answer to any problem. Likewise, mere knowledge of the divine law of healing will not bring about physical wholeness. It is the applica-

tion of the law coupled with the firm assurance that God's will for us is perfection that makes a healing manifest itself in our bodies.

Fear of disease often promotes disease. As Truth students we learn that every negative condition that appears in our lives has been preceded by a thought of fear, self-pity, anxiety, jealousy, condemnation, or some other negative thought. The overcoming of fear is the greatest single problem that the world faces today.

The only thing that can stand between you and your perfect expression of life is your own consciousness of inharmony and your own belief in and acceptance of disease. God, who created us, is Himself the ever-renewing life within us. God is our health. He has provided us with an inner wellspring of life. When you are in need of health, turn to Him with the positive assurance that He is your health, and He will not fail you. His Spirit animates you now, filling you with His life, His strength, His health at this very moment. Accept your life as coming from Him. Meet Him daily in faith and sincerity. Believe that He is with you, that He is not only able to do all things for you but that He has already done all things for you, that He knows your needs even before you ask and has fulfilled them now. Give thanks for your healing, and cease pleading and crying out after it. Why plead for what you already have? "Commit thy way unto Jehovah." Put your problem in God's hands and leave it there. Praise God for a strong, healthy body, a strong, courageous heart, for strong limbs, for useful hands, for perfect sight and hearing.

As you praise God for your health and strength they will increase and become constant in your consciousness so that you will never have any sense of weakness or inability. Never think of your body or your mind as weak or insufficient. Think of yourself as always blessed with the power and the strength of God, and think of others in the same manner.

God's will for you is health. When you become sick His healing forces immediately begin to work in your body to bring you back to health and wholeness. It is not God's will that any of His children should be sick. When the will of God expresses itself freely in you, you will find that your life is becoming healed and orderly and happy.

Our only hope of renewing ourselves, our bodies, and our world is through our thinking. In order to keep renewed in mind and body we must entertain new and vital thoughts.

If you believe in disease you show that you do not have faith in God as health. When you are anxious or worried you are not thinking of God as all-powerful. Let the Spirit of God direct and guide and govern you. Let His perfect idea of life, health, strength, and perfection be visibly and tangibly expressed in your life.

God lives in you and you live in Him. He is within and about you as the presence that inspires you to a fuller, healthier life. Live in the knowledge that God illumines you in all your ways.

Health is from God. You will be whole and well when you let God reign in your mind and body as the presence and power of health. Never think of yourself as sick or lacking in health. The presence of

God is ever with you, ever inspiring you to lay hol of your divine perfection. Trust God, and put al things in His keeping. Keep out of your mind all be lief in imperfection or blemish. God is your lif right at this moment. Turn to Him now and fee His presence in your life. Keep yourself one wit Him and one with His life. Know that He abide within you as your life. Know that as God's templ your body is governed entirely by His law of good His law of health. As God's temple your body ex presses His presence of perfection. Always see your self as whole, sound, perfect, abiding constantly i the healing presence in which there is no disease As you turn to God for health, hold a strong though of health and you will draw to you all the healt you need and desire.

Healing is a spiritual gift. It is a heaven-sen blessing to convince you that you are perfect in th sight of God. The extent to which you show forth this perfection depends entirely upon the extent t which you realize your oneness with God. Keep ou of your mind every belief that would limit your real ization of God as your life. Live in the assuranc that your life in Him cannot be limited in any way You prove your loyalty to God when you believ only in His law of good.

Your body is a vehicle through which you ma express more abundant life. Live today in the con sciousness that in the sight of God you are whol and well. There will be no room for any belief i disease when you give yourself to God for healing and live in the consciousness that you are ever on with all His blessings. In the sight of God you hav

ever been and ever will be perfect. At the present time you may present an appearance far from that of a perfect idea of God, but it is forever true that in the sight of God you are perfect. The Spirit of God within you is mighty to lift you up and cause you to behold your perfection, to reveal to you your soul's radiance, to heal your body.

You become sick through your belief in the power of sickness. You likewise become well and whole through your belief in the presence and power of the spirit of health within you. When you change your thoughts from those of sickness to health a feeling of newness will come over your body. With continual contemplation of health your whole body will be renewed, refreshed, revitalized, made whole and sound and perfect.

Your body is God's habitation. If you desecrate God's temple, your body, with thoughts of disease, disease will show forth in whatsoever form your thoughts have given it. Begin today to guard your thinking. Keep out of your mind all thoughts of negation, disease, and frustration. Turn your thoughts to your spiritual nature. See yourself as God sees you, perfect in mind, soul, and body. Created perfect, you always have recourse to this perfection.

In Divine Mind there is no thought of imperfection. If you were always conscious of this mighty Truth you would be whole and perfect at all times. If you desire to be rid of sickness you must first get rid of the belief in sickness. Believing in sickness keeps you from believing in God. The Truth of God operating in your consciousness is mighty to

lift you up to a positive realization of your supremacy and victory over all forms of sickness and disease.

When you realize that God dwells in you and makes your body His temple you can readily see that it cannot be other than perfect and whole in His sight. Never speak disparagingly of your body. Do not put the mental stamp of imperfection or disease upon it; it is God's temple and when you recognize His presence you will be free from all imperfection and inharmony. The inexhaustible life in the midst of you cannot be depleted.

If you need more health, increase your consciousness of health. Keep all belief in disease out of your mind. Abide in the realization that you are every whit whole. Keep your thought fixed on God and you will have no difficulty in sensing His presence of health. In the sight of God you are perfect. In Spirit you have no imperfection. You could not have been created in the likeness of God if this were not true. Blot from your mind every belief that would draw you away from your perfection. Know that in Truth you always have been, are now, and ever will be God's perfect child.

To be healthy you must think in terms of health. When your belief in health and wholeness is stronger than your belief in disease your health will be an established fact. The healing presence of God exists today as it has existed from the beginning of time. You can be healed today if you will give yourself completely to the presence of God within you and about you and realize and accept your health and perfection. If you will cast from your mind the thought of disease you will find that disease ceases

to manifest itself.

In the beginning God created you in His own image and likeness and placed within you His breath of life. He created your body according to the pattern of His idea of a perfect body. Since your body is the abiding place of His Spirit there is no room in it for disease. Instead of thinking of your body as being subject to discord and disease think of it as being pure, holy, incorruptible, free, and beautiful. Praise and bless it every day, and it will respond and manifest order, glowing health, and perfection.

Within you is a veritable spring of eternal life, a fountain of youth and freshness and vitality. As you recognize this truth, as you bless and give thanks for this fountain of life in the midst of you it will express itself in your body as abiding health and wholeness. Be willing to let God manifest His perfect health through you. Lay aside all belief in disease and become consciously aware of His glorious presence of health in you at all times. Every cell will express divine wholeness as you charge not only yourself but the atmosphere around you with life and vitality so that all who come near you will find health in your health. When you accept the divine gift of healing you will be co-operating with God to bring into manifestation His perfect idea of health, and His law of health will be fulfilled in you.

No power outside of yourself can increase your awareness of God. If you desire to know God better you will have to turn within and feel the quickening of your own heart that signifies His presence. You cannot seek God faithfully without finding Him. God is life, and His will for you is life in

mind and body. His life is in the very midst of you, with all power to free you from pain, disease, and imperfection. When you release all thoughts of worry, every organ will work in divine order and harmony according to the purpose for which it was created.

Bless every cell in your body. Bless every organ and function in your body. Your body will respond swiftly and surely. Look away from every seeming imperfection. See yourself as radiant, vital, and strong, a fitting temple for the divine Spirit that dwells within you.

Praise and bless the life of God in your body every time you think of yourself. Rejoice that the Christ consciousness of perfection is unfolding in you. Give thanks every day for your unfailing strength and good health.

Perfect health is your divine heritage. As a son of God you express perfection of body and mind. The perfect spirit of wholeness dwells in you. Keep your vision true to God's perfect idea of you. See yourself radiant with health. See yourself whole and perfect in all ways.

With every breath you breathe in the life of God. It pulses through your being with every beat of your heart, cleansing, renewing, rebuilding every cell in your body. Consciousness of God's presence within you causes you to become aware of His life and energy in you. When you know God as the spirit of life within you His presence will so completely fill you that there will be room for nothing else.

In and through every cell in your body there flows an invisible, eternal, all-sustaining current of

life. Stored in this life current are all the energy, strength, and vitality necessary for maintaining your body in perfect health. Think about this current of life within you. It will fill you with the zest of living. Every cell in your body will glow with life.

Relax today in the knowledge that you can trust God fully. Place yourself and all your affairs in His keeping, confident that He will keep you in perfect health.—*L. Stevens Hatfield.*

Infinite Supply

The life that I express can never shrink
Nor shrivel into nothingness of dust;
For I am one with God, and I can trust
The endless chain of which I am a link
To lift me up above the seeming brink
That men call dissolution. God is just;
And from this fountainhead of love I must
Forevermore of living waters drink.

Today the source of infinite supply
Abides within my heart. I am divine;
And all my daily needs will be fulfilled
If I but call on Him who hears my cry.
Abundant health and wealth today are mine;
For all the Father has to me is willed.

—*E. Guy Talbot*

"Jehovah Will Perfect Me"

BERDINE SUTCLIFFE

I WONDER how many of us can accept for ourselves this beautiful yet profound declaration that David expressed many years ago: "Jehovah will perfect that which concerneth me." Does our love and faith in God equal His? Are we willing to trust God wholly and completely to guide and instruct us in all that we do?

Do we sincerely believe that God created us after His own image and likeness and that we are His heirs to inexhaustible strength and health? Are we willing to release all negative thoughts and selfish desires and to trust Him to dissolve all discord in our lives and affairs? Do we believe that there is a perfect solution to every problem? Are we seeking it?

Do we believe that we are meant to "have life, and have *it* abundantly"? Do we have confidence in our ability to overcome the fears and false beliefs that we have been holding, consciously or unconsciously, for a long time? Can we accept what appears to be a setback as an opportunity to receive an understanding of our real self, the indwelling Christ self?

Are we willing to accept changes when they are necessary to our Spiritual growth? Do we believe in the all-powerful love of the ever-present Spirit of Christ? Do we daily acknowledge Him as our help in every need? Do we appreciate the blessings that

we already have and do we use them constructively? Are we able to say with courage and conviction, "Jehovah will perfect that which concerneth me."

If we can answer "yes" to the above questions, then we too will experience the exaltation that David had when he gave to us a wonderful message of love, faith, and gratitude.

In the 138th Psalm David gives thanks to the Lord. He was a man who had the same kind of problems that many of us face today. His desires were similar to ours—good health, right work, and freedom from lack and limitation. David set an excellent example for us to follow when he learned to overcome his problems and to attain the peace that passes all understanding. He turned his attention away from his problems and toward the Lord of his being, the light of Truth. He possessed great faith, and it brought into manifestation the fulfillment of all his desires. He had complete confidence in the love of God and in God's ability to perfect every condition in his affairs. David was a man who lived close to God in consciousness.

When the Psalmist sought the comfort of the Lord, he received protection, mercy, and healing. God delivered him from his enemies (fear and false beliefs) and strengthened him. Joyously David acknowledged the healing presence of God. He wanted others to know that God can always be depended on to lead man out of every difficult situation.

His faith in the loving-kindness of God was more than a thing of words. To him it meant eternal life and everything that is good, true, and beautiful.

Because David knew the true meaning of humility and meekness, he was able to make a wonderful demonstration. It should give new hope and inspiration to those of us who are trying to live constructive lives and to help others improve their standard of living.

The Bible tells us that the meek shall inherit the good things of life. In Psalms 25:9 we are told,

"The meek will he guide in justice;
And the meek will he teach his way."

Other promises to strengthen our faith are:

"The meek shall eat and be satisfied."

"For Jehovah taketh pleasure in his people:
He will beautify the meek with salvation."

"Blessed are the meek: for they shall inherit the earth."

"The meek also shall increase their joy in Jehovah."

A meek person is one who loves the Lord with all his heart, mind, and soul. He is endowed with love and wisdom. He expresses compassion and gentleness toward his fellow men. He accepts life as a great adventure. He accepts every opportunity to share his blessings with others.

Jesus Christ was the greatest exemplar of love and meekness. He gave a marvelous message to all men when He said, "Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls. For my yoke is easy, and my burden is light."

Some people consider a meek person as one who is passive and spiritless. No one could describe Jesus as a passive and spiritless person. Instead, He possessed a strong, forceful, and dynamic personality.

His promises and teachings have inspired countless men throughout the ages to use their faith, courage, and creative talents.

To have the same realization of God's love and creative power that David experienced, we must develop the same kind of faith that he had. At certain times our faith may seem to be only the size of a mustard seed. Regardless of its size, it holds unlimited possibilities! It expands and grows into an intelligent, unwavering faith whenever it is properly used. The real, basic desire of every man is to know and to experience the good that is his divine inheritance from the Father. However, before he can experience it, man must believe that all good is possible with God. Man must have an inner conviction that all things work together for good despite all outer appearances. He must trust God completely to solve every problem and to make every necessary adjustment in his affairs. It is important for man to realize that he is a divine expression of God's creation. It is the Father's desire to glorify Himself through His son as love, wisdom, power, perfect health, peace, and joy. That which God desires for man, God knows how to create! Therefore, man must be willing to surrender his life, his affairs, and all that concerns him into the Father's loving care. Man should know that he was born to be healthy, happy, and prosperous.

To affirm statements of Truth that express the power of God's love and His willingness to perfect all that concerns us is good, but it is not enough! We must believe not only in the statements but also in Him. When we pray, the words that we

speak are not so important as our belief in them. We must respond to the love of God and let Him do His perfect, healing work in us at all times. We must be willing to release and let go all our feelings of prejudice, hatred, and condemnation. We must realize that we are free from all mistakes and negative conditions of the past. We must continually identify ourselves with the law of love and right action and let it be the ruling motive of our lives, for love is the great purifier and adjuster. It is responsible for the perfect fulfillment of the heart's every sincere desire. Life takes on a new meaning for us when we develop a deep realization of our unity with God, all mankind, and all living creation. It is good for us to know and to remember that when our desires are right they will be fulfilled through the power of God's redeeming love and unlimited wisdom.

Many times what appears to be a negative condition turns out to be the most productive experience of our lives. The Spirit of God within us is always trying to find new ways for greater expression in us. When we are open and receptive to His guidance we will never be overcome by negative conditions. When God's perfect plan is unfolded to us we will be able to make our plans accordingly. Then we are able to forge ahead and accomplish what previously had seemed impossible for us.

Someone has said that the negative experiences which come to us are not so important as our reactions to them. We all know persons who have refused to be dominated by fear and the negative conditions of life. Instead of complaining about mis-

fortune they used their faith and courage to develop new talents. In time these talents led them into new activities and pleasant surroundings.

A few years ago one of my friends unexpectedly lost her job during a slack period. At first she was worried and quite disturbed. When she got her thoughts and emotions under control she suddenly realized that here was the opportunity to attend a class of instruction on metaphysical subjects. She became consciously aware that the Spirit of God had made it possible for her to acquire the knowledge and spiritual growth she desired. Money she had saved for the purpose of buying new clothes was used instead to pay for the cost of a three-month's course.

In her search for wisdom she received a greater blessing. Near the completion of the course she was divinely guided into a much better position than her previous one. The salary and the working conditions surpassed those of the previous job. In surrendering her will to the Father's will, all the conditions pertaining to her work became more harmonious. Because she accepted good (new opportunities) instead of limitation, she became more prosperous and successful.

David begins his prayer by expressing love and praise for Jehovah. His manner of prayer sets a fine example for us to follow. We must cultivate a consciousness of love, wisdom, and faith. This will help us to accept the will of the Father in all things. We must realize that His will for us is the harmonious and perfect outworking of every condition in our lives. In our willingness to accept instruction

from Him, we will receive new ideas that will inspire us and will enable us to establish the kingdom of happiness here on earth.

This is the way that God works. Our part is to keep close to Him in consciousness, realizing that God and good are synonymous and only that which is for our highest good can come to us. Gradually we acquire a better understanding of health, prosperity, and harmony as we keep our thoughts and emotions disciplined and direct them along constructive channels.

We can make David's beautiful message a personal message to us. As we give thanks to Jehovah for our present blessings, we will see them grow in abundance. As we lovingly and joyously sing praises unto His name, we will develop a deep, inner conviction that

"Jehovah will perfect that which concerneth me;
Thy lovingkindness, O Jehovah, *endureth* for ever."

Blessing for Those Who Are Away

The light of God surrounds you; the love of God infolds you; the power of God protects you; the presence of God watches over you; wherever you are God is!

God's Treasure House of Prayer

CHARLES H. MATTERN

THERE SHOULD not be the slightest doubt that prayer can change conditions to satisfy our every need. It must be ruled out that chance and luck can bring about the same results. The correlation between answered prayer and daily communion with God is too logically connected to infer that results can be manifested without prayer.

Despite the best medical efforts, a friend's illness became so intense that it was imperative for her to rely unconditionally on these tested promises of the Master:

"Ask, and ye shall receive, that your joy may be made full."

"Since she counted him faithful who had promised."

She established prayer periods and clung to them as operative Truth. As she persevered in prayer, a series of interwoven events fell into place. An unhappy situation of long duration was re-created into one of perfect harmony, thus relieving her mind of much concern for the first time in years. Her finances were amply supplemented from an unexpected source, easing her anxiety about expenses. A relative was able to devote full time to her daily needs and to encourage her in Truth.

Soon the illness began to give way to an inner receptivity of perfect health. The symptoms disappeared. Her vigor and strength gradually returned,

and she matured into wholeness once again.

"Daily communion with the Father," she commented to me, "was like a well-lit avenue leading to God's treasure house, where blessings could be plucked at will."

God's treasure house of prayer contains the dynamic power to meet and overcome the so-called insoluble problems that confront human beings.

Unlike the material treasure sought by the adventurous, God's treasure lies not in the hold of a submerged galleon, or on an uninhabited island. Ready and awaiting the turn of the key of prayer, this treasure is as close to us as our oneness with the Father. God bids us to open and to partake of His gifts. The true aspect of God's treasure is that it is limitless in the supplying of every need.

The problems arising in the physical realm are completely soluble in the spiritual realm. Manifestation of good is a certainty through the power of prayer. The Master taught prayer as the creative power of Spirit and of Truth.

"*We are* pressed on every side, yet not straitened; perplexed, yet not unto despair."

"Fear not, little flock; for it is your Father's good pleasure to give you the kingdom [the richer, fuller life]."

"Whatsoever ye shall ask in my name, that will I do."

It is true that God does answer prayer if it is sincere and is asked in His name.

A newspaper man, who was ill and lost in the wilds of the jungle, knew no prayer. He affirmed deep within his heart, "Jehovah is my shepherd; I

shall not want." The only friendly natives in the vast area soon found him and carried him to their village where he was nursed back to health.

A youth suffering from a severe ear infection heard the doctor tell his mother that surgery was necessary. The young man prayed in full faith for divine healing. The next morning as the physician examined the ear, he discovered that the cyst was completely healed.

In a great many instances we need spiritual guideposts to aid us in demonstrating the power of prayer. Chronic illness, a perennially empty purse, or constant despair have a tendency to form strong negative habits of thought. Such states of consciousness dam up the flow of God's blessings.

The lowly Carpenter conquered the seemingly impossible the very moment He prayed or spoke Truth. Results were instantly given, for His Christ idea was fully conceived in Truth and it changed the most challenging condition immediately. We will approximate His results as we increase by degrees in His consciousness.

Thus it often requires time to open God's treasure house. This is not because it is difficult to find or because we are not quite good enough to share His blessings. It is simply that we must decide on a definite method of prayer which will emancipate us from the bondage of false beliefs, fill us with the Truth of Christ, and turn the key of prayer that opens the treasure house.

Prayer should be as natural to man as his breathing, for communion with the Father is man's spiritual link with God. The method of prayer comes

quite easily once we sincerely desire to open God's brimming treasure house.

We establish definite prayer periods for the day. Before each period we become as quiet as possible. We relax completely in mind, body, and spirit. In the stillness we meditate on and affirm Truth.

God is with me.

I am surrounded by the peace, harmony, and perfection of the loving presence of the Christ.

The Christ Spirit within me is now adjusting my life and affairs to my greatest good.

With Truth filling heart and mind, we step beyond the worldly appearances and into our closet of Spirit, where all is perfection. As Jesus taught, we shut the door on negative thoughts that once bound us. Here in our miniature cathedral of the soul we pray simply, directly, and affirmatively for our needs.

We do not pray believing that our needs may or may not be met according to His will. Neither do we plead with God nor beg Him to change His will in our behalf. Following the Father's instructions, we pray believing that our needs are now being met. It is definitely God's will that our every need be answered beautifully and to the fullest extent.

"All things whatsoever ye pray and ask for, believe that ye receive them, and ye shall have them."

As we pray, we wait on Him, bask in the radiance of His love, feel His power surge through us, and know that the problem is now in His care. We partake of His divine assurance that our every desire is in the process of manifestation.

The morning prayer period gives us a positive

approach to the day. With our hearts and minds fresh from the night's repose, we clearly see that nature about us is conforming to His perfect Law. With the golden sunlight, the birth of the new day comes as a dewy rose in colorful splendor, the birds chirp an opening chorus in harmony, and we feel the inner assurance that God wills us a day of real progress. This first meeting of the day with God lays our daily foundation in Truth, smooths our path, and guides us in the day's activities. Such a beginning carries over and engenders a quickening of faith in our later prayer periods.

We affirm Truth for our coming day:

The loving presence of the Christ is with me every moment of the day, working for my highest good.

At convenient intervals of the day we open wide the channel to God. We exclude thoughts of the external world and affirm His Truth. We enter the secret place of the Most High. We commune with the Father, feel His good presence, and permit His power to flow boundlessly into every fiber of our being. We are refreshed, encouraged, and confident that His treasure is at hand, opening to us a richer, fuller life.

We devote time to reading the words and deeds of the Master. There is a feeling of jubliant buoyancy, for we know that the power which He demonstrated many centuries ago is inherent in us.

"I am with you always."

A friend who demonstrated health over paralysis related that as she studied the Christ message daily, she felt an ever-increasing assurance in His om-

nipresent power that went on to make itself manifest in completely answered prayer.

Before retiring, we meet the Father in the final period of the day. We thank Him for His tender and loving care during the day. If the day's progress has not been up to our expectations, we are neither disappointed nor discouraged. With Paul, we know that we certainly do not labor in vain in the Lord. We are patiently faithful to our daily practice of prayer and in this manner come to know that the blessings from God's treasure house are certain.

We affirm: *God's perfect peace wraps me safely round. Even as I slumber, His power is at work in my life.*

In the morning our minds are refreshed and clear. We feel an improvement as we meet God in the first period of the day.

As we persevere in daily communion with the Father, we build a spiritual consciousness. This essence of our oneness with God expresses itself in our receptivity to the Christ idea of perfection. According to God's perfect law, these ideas of Truth now adequately conceived in Spirit manifest themselves as tangible results.

A friend had lost both his health and his business. He resigned himself to this adversity until he read a Truth article on the power of prayer. With nothing to lose and everything to gain, he tested God's willingness to answer prayer and found it to be all that the Great Physician promised.

As he progressed in daily prayer, a spiritual consciousness came forth and endowed him with a positive assurance of his divine heritage. Soon perfect

health became evident. New ideas emerged and he built a business far more lucrative than his former one. Recently he remarked to me that prayer never lets anyone down, for God loves to answer His children.

"For it is God who worketh in you, both to will and to work, for his good pleasure."

Today, if life seems futile, take courage, for God's treasure of blessings awaits you. The Christ within you is always ready to substantiate God's promises that never fail.

"If ye abide in me, and my words abide in you, ask whatsoever you will, and it shall be done unto you." Turn your key of prayer. God bids you accept His treasures.

Communion

O God, I thank You now that you have heard
My silent prayer, the prayer
That I have never put in words. I feel
Your promised blessing in the air; my thoughts
Soar far aloft like trusting birds. Then too,
I thank You, God, for being here
In this small place that shelters me. I am
Aware your love is very, very near, closer
Than hands and feet could ever be.
Your wiser plan, O God, Your gracious will, the I
And me accept this lustrous hour. I feel
Your consciousness in "Peace, be still" means
Answered prayer marked only with Your power.

—Grace Meredith

Self-Forgiveness, the Neglected Virtue

MARGARET JOYCE

MANY OF US are familiar with the maxim, "Why worry about the past? You just cannot saw sawdust." And yet who at one time or another has not tried to do exactly that?

We forgive our neighbor his trespasses against us. We deny any hurt, affirm the good, turn the other cheek, return good for evil, and pray for him. Sometimes this requires great effort; sometimes it is spontaneous. But what of self-forgiveness, the virtue perhaps least understood? And yet, it is the link connecting love, generosity, compassion, and kindness. These latter virtues are not exclusively outgoing from self to others. To be complete they must exist first toward self, and none of them is possessed for one's self until self-forgiveness has cleared the way.

A case in point is Jim who stole from another, was caught, tried, convicted, and remanded to prison. That he had erred, and not for the first time, was indicated by his maximum sentence.

Gradually a new understanding took hold, and Jim resolved to atone beyond the bounds prescribed by law. He became a changed man. After his release he made full restitution to all his victims. The parole officer described him a "model of behavior in society." However, he spent the rest of his life trying to compound the forgiveness of his victims with more forgiveness. No reassurance they offered him

seemed enough. Insatiable, Jim was obsessed with the need to continue proving what he had already proved and failed to comprehend: that no longer did anyone think ill of him. No one, that is, except himself. It was said of him, "The one debt Jim never paid off was his debt to Jim."

Students of metaphysics are aware that stealing in any of its myriad forms is a demonstration of belief in limitation. The thief does not understand that God would not be God if supply and demand were less than equal, that God would not be God if He played favorites. What the believer in lack and limitation dramatizes by theft, or attempted theft, is his ignorance of Truth. It is not that we should not steal from others but, as all great teachers of Truth have stressed, we cannot. It is impossible to appropriate unto ourselves anything we have not earned. As with Jim whose only theft, strictly speaking, was from himself, so it is with us. We can steal only from ourselves.

We steal from ourselves when we fail to forgive our own imperfect understanding. And what is trouble of any kind but the result of imperfect understanding? The intellect accepts this fact, but if habit-rooted emotions continue to bathe in regret we rob ourselves of vitality and peace, and we prevent others from knowing and responding to the real in us. We have separated our inner self from our outer self by a wall and we are standing half in shadow. It is impossible for us to see or to be seen clearly.

For many, to forgive others is child's play compared with forgiving themselves. They practice the

law of nonresistance toward others but they a
blinded by their belief that true repentance as f
as self is concerned is a sackcloth-and-ashes propos
tion. Others are worthy of compassion, they say, b
cause all are sons of God, doing the best they ca
Yet they unconsciously conclude that self deserve
no compassion from self.

Were we really to think when in this plight
we would not harbor feelings of unworthiness an
guilt. We would never castigate ourselves for pas
errors, saying that we should have known better
or deplore our not having been farther along the
path of grace. We learn from errors. Quantities o
ink eradicator and pencil erasers are sold annually
but many times more ink and pencils are sold.

Without self-forgiveness none of us can love
ourselves. Without love for self we are not whole.
Unless we accept ourselves in our present degree of
enlightenment we have missed the lesson of past
mistakes. "Love thy neighbor as thyself" implies
that self-love is the prerequisite for extending love.
If a scant five pounds' worth is all we have, how
can we give more than that to others?

If we harbor remorse, we rob ourselves of cre-
ativeness and become like corks bobbing on the tide.

Jesus said, "Love your enemies." Are we not
often our own worst enemies? We must forgive
ourselves. Otherwise, the "enemy" perpetuates in-
tolerance towards self and threatens to sow every
other kind of intolerance of which *Homo sapiens*
is capable.

The profound observation, "As he [man] think-
eth within himself, so is he" suggests that to think

inferiority thoughts of ourselves is actually to become inferior. When this happens, how can we be completely understanding, kind, and generous toward others?

We are advised, "Whatsoever ye would that men should do unto you, even so do ye also unto them." But if my opinion of myself is unfortunate, I will treat others in such fashion as to call forth a response quite in keeping. It cannot be otherwise. Is it right, good, loving, or Christlike to arouse unpleasant emotions in others?

As with any virtue, self-forgiveness must be understood if it is to be. Our not possessing it when we think we do is ofttimes subtly revealed. The self-chastisement tactics unconsciously engaged in are so cleverly disguised that they are considered normal and not self-imposed at all. "Into each life some rain must fall" is society's stock explanation; but students of Truth do not accept it. We know that unpleasantness is not a gift but that it must be earned, every pain of it, by persistence, diligence, and the sweat of the brow! Nothing evil or good just "happens."

Were this same tenacity consciously routed toward understanding, we would experience paradise, and for much less effort.

If the "wages of sin" (failure to understand) are "death," surely the wages of love are life. Even failure can be a source of revitalization. Failure is the ladder to success left lying on the ground.

How do we know when we truly possess self-forgiveness? We know by our reaction to people and events, by our very pulse beat and respiration,

and by awareness of our appetite for prayer, work, and recreation. In short, we know by the way we feel.

We are comprised of spirit, soul, and body. Of this trinity only the body is tactile. The body looks, acts, and responds according to the inner man's concept of himself. The body is both a mirror and a barometer; it reflects and predicts.

One does not experience physical well-being if the spirit is in mourning. The spirit does not mourn if one's outer and inner self are joined in harmony.

If we admit it when we are wrong and do what we can to remedy the error, welcome the enlightenment of learning and let the dead past bury its dead, we have genuine self-forgiveness.

Then the door to self-love swings open. When we cross the threshold we are able to understand and love others. Only then can we properly receive love.

The Inevitable

Small grains of sand,
Each equal to the other,
Compose the Holy Land.

Small drops of sea,
None greater than the other,
Create a Galilee.

And one by one,
Children of earthly Mother
Become the Holy Son.

—Constance Walker

Seek the Kingdom

MARIA ANN AIGNER

HOW MANY HOURS a day do you spend in making decisions? Our world is a large, complex place, and there are many paths that we may follow, many goals that we may seek, many possessions for which to reach. Which shall we choose?

It was Jesus who pointed out the way in which we can find the right solution to our problems. "Seek ye first his kingdom, and his righteousness;" He said, "and all these things shall be added unto you." The wonderful part of His teachings is that they were all-embracing. Jesus did not say that we should seek God in order to acquire any one attribute. He never qualified His statements, and invariably they were simple and direct. "Seek ye first his kingdom . . . and all these things shall be added." When we have trained ourselves to seek Him first and to put all else in second place, when we have come to rely on His teachings in every thought that we think and in every decision that we make, then everything will assume its proper order.

But, we ask, how is all this accomplished? What is there about the kingdom that will help us to overcome our faults? What will remove the obstacles that seem so large in our paths? How will we open our minds and our hearts in order that we may understand His truths? We must turn to the jewels of His kingdom for our answers:

Jewel Number One—PEACE

"Peace I leave with you; my peace I give unto you."

Thus spoke Jesus to those who listened. Everywhere we turn we find people looking for peace for themselves, for their loved ones, and for the world. Every day meetings are being held in various corners of the globe by men seeking a solution to our world-wide misunderstandings. Jesus' formula for peace is simple and is easily accessible to all of us. "My peace I give unto you." The peace is there, ready and waiting for us to accept it. All that is required is for us to act peaceably among ourselves and according to the example Jesus set.

Peace fills our hearts as we make up our minds to live peacefully. So, too, peace fills the world, as greater numbers of people learn the true meaning of Jesus' message and act peacefully. Fortunately, Jesus left us His formula intact and put it directly into our hands. We have only to use it with all our hearts to make it successful.

History records the great changes that have taken place in the world since its beginning. Originally there was only a small group of people dedicated to creating the kingdom of God on earth. Today, men and women everywhere are accepting the principles that Jesus bequeathed us, and are spreading good will, harmony, trust, kindness, and love so that peace may come to the world.

When your relationship with others is not what you desire, do not say anything for which you might be sorry. Instead, take a moment to whisper softly to yourself, "Peace I leave with you; my peace I give

unto you." Now observe the feeling of peace that spreads through your mind and body, and that flows out to those about you. Multiply these currents you have generated within your body by the millions of persons in the world. The resultant picture is the world as it will be on the day when every man applies the knowledge of the peace that Jesus foretold.

Jewel Number Two—REST

"Come unto me, all ye that labor and are heavy laden, and I will give you rest."

How wonderful these words! What a marvelous place of refuge when the day's burdens seem too heavy to bear! When we need Him most He is always near, waiting for us to call and willing to show us how to lighten our loads. "Come unto me," He beckons. We need only draw on the precious assistance that He has for us in the kingdom of heaven. When we draw apart from the world and seek Him in the quiet of our souls, we discover that our load becomes light, our thinking positive and constructive. We need to turn often to Him in prayer and thought.

Let your mind dwell on the Master as He lived and walked. You will recall that He taught us to take things simply, easily, one task at a time. Do not hurry. Do not build up tension by worrying about tomorrow's, or even the next hour's work. You will remember Jesus' calm manner as He went up into the mountain and preached to the multitudes. On another occasion He went away in a boat and the crowd followed Him. There He preached for several hours and then proceeded calmly to feed His

five thousand listeners with loaves and fishes. Remember the spirit of hope with which the poor, the hungry, and the sick received this miracle. This same release from our worries, anxieties, and tensions can be ours. "I will give you rest," He says to us today just as compassionately as He spoke then.

Jewel Number Three—HELP

"God is our refuge and strength,
A very present help in trouble."

The psalmist had tried his God and He was not found wanting. The people in those days knew Him as a vital, living force in their lives. Their joy sprang from their lips in song and words of beauty with each revelation of the help they received from Him.

Today God is just as He was then. He is our tower of protection, our fountain of creative power, and our source of help from which we may draw strength to solve our problems. But we must act as did the men of old. Instead of worrying, we must first turn to God for the key to the kingdom. This means that before our thinking can become blurred and bewildered with words of advice, caution, and perplexity; before our energy can be depleted by our running hither and yon in search of an answer, we must, in simplicity and faith, turn our hearts and our minds in His direction.

The next time a problem seems too difficult to be solved, sit down quietly and affirm this statement silently or aloud: *"God is a very present help in time of trouble."* Hold this thought until each word takes on a special meaning and you feel a change taking place in you. You will experience first a feeling of

relaxation and rest. Next, new ideas will creep into your mind—thoughts you have never had before. Take them! Do not close your mind to any of them. Perhaps some of them are steppingstones to the answer you need. These thoughts that come out of the silence must be put to use in full faith, for they are from God. It was through putting to use the thoughts he received in his close companionship with God that the psalmist was able to speak with such jubilant authority.

Jewel Number Four—CONTENTMENT

"I have learned, in whatsoever state I am, therein to be content." Countless men and women have found contentment within the kingdom of God. If you are burdened with responsibilities and cannot seem to go ahead with the education or the training that you desire, or if you do not have the money you believe you need to change your situation, hold the above quotation in mind for several days. You may find it good practice to write such thoughts on cards and to place the cards on your dressing table or on the dashboard of your automobile where you will have the opportunity to see them often.

With these reminders our faith begins to grow. We start remembering that God does know all things. He sees our situation. He is waiting only for us to come to Him. When we teach ourselves to recognize His presence in every situation, then we will realize the true worth of our environment. No longer is it a barrier or a trap. Gone are the adverse thoughts that were taking our energy. Now we can open up our hearts to God and express our

longings and desires to Him. We tell Him of our willingness to be used at the place where we are, if this is His wish. Then, after having met Him with a joyous, receptive spirit, we leave all else to His capable hands. We relax finally with full assurance that all will be well.

Jewel Number Five—STRENGTH

"They that wait for Jehovah shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint."

We all crave strength: spiritual, mental, and physical strength. We may believe that we need equal parts of all three. Yet spiritual strength alone will carry us through all trials, for it is our base, our sustaining force that molds us and fills us with power.

How many times have you gone through some difficult situation with a calmness you did not realize you possessed? How many times have you been amazed at the ease with which you handled a perplexing problem? Later, when you traced the steps that preceded these events, you probably discovered that they followed a long, faithful period of prayer and waiting "for Jehovah."

My hours of meditation have brought me joy, peace, and rest. However, it is in my difficult times that God seems to speak directly through me. When I discover that I am able to solve a problem, my whole body is charged. At such times I stand and marvel at the wonderful ways of God. Then I send forth a great burst of thanksgiving to Him. Truly, at these

moments I actually feel as though I move with "wings as eagles."

Jewel Number Six—POWER

"But as many as received Him, to them gave he the right to become children of God."

As children of God we desire to act as He acts, to help others, to move and speak confidently, to make practical decisions as He does. We can all obtain a full measure of the power that we need through these simple acts: By giving ourselves to the Almighty, by giving up our own wills, and placing ourselves as tools in His hands. This is the way we tap the eternal source of all power.

First, we tell God that we want to be used. Then, with all faith and sincerity, we hold ourselves open to His guidance. Having decided we cannot move without Him, we arrange our lives to purify and bring them into balance and order. Day by day, with here a step and there a step, each act comes into co-operation with the great laws He has established. To receive Christ is to understand and to accept His teachings. Humility, patience, forbearance, and understanding—each must be practiced consistently and urgently. We may waver but we must try again. The next day will bring a re-trial; we always receive another chance. God patiently waits for us to "receive him." His power is inexhaustible and ready to be used at any hour of the day or night. As we take measure of the power that He offers each day, we will begin to notice that it is being increased. Contrary to so many things in our material world, the more we use this spiritual

power, the more time we have to spend with God and to seek "his kingdom."

The jewels of the kingdom have been used by men for generations; yet their power, strength, and beauty remain undimmed. Each jewel is waiting to be drawn on. Draw on the kingdom of God. Seek now—today—and open your hands wide for the abundance of good He will send.

How to Write, Telephone, or Telegraph to Unity:

TO WRITE, address: Unity, Lee's Summit, Missouri.

TO TELEPHONE LONG-DISTANCE, call: Unity, Kansas City, Missouri, BAltimore 1-4720 (where 24-hour service direct to Unity headquarters is maintained).

TO TELEGRAPH, address: Unity, WUX, Kansas City, Missouri. (The WUX code assures direct 24-hour connection to a teletypewriter in our office.)

It Is Never Too Late!

MARY L. KUPFERLE

IT IS NEVER too late to receive God's goodness, for it extends into eternity. It is never too late to awaken to newness of life, love, and happiness—gifts of God that are not confined to time or space. It is never too late to change a thought, to speak a helpful word, or to perform a helpful deed. "Too late" is a concept of the human reasoning, the limited thinking of man. It is not a product of the unlimited, eternal Divine Mind.

You will remember that most of the problems handled by the Master came to Him when others thought it was too late to receive help. Jesus in His spiritual insight was never concerned with how long the patient had been ill or how far any negation had progressed. He knew that God's power is infinite and beyond the limited conception of humans. Regardless of the lateness of the hour or the advancement of negation, He turned to God, trusted, and gave thanks, healing all who came in faith.

Recently a Truth student came to a counselor with a problem about a pending transfer from his present position. The transfer had apparently come about through the manipulations of another person. The Truth student was greatly disturbed because of the required move. It would mean giving up the enjoyment of a home and the additional traveling would take him away from his family. It seemed there was nothing to do but to prepare for the

transfer. A refusal would result in dismissal. While praying together, the counselor and the student recognized that God always makes a way where there seems to be none. They knew that it was not too late for God's good will to be effected regardless of the imminence of the move.

A few days later the Truth student reported that at the last moment a special delivery letter from the company told him to remain in his present position and location. The letter came as he was making arrangements for the next day's journey into his newly assigned territory.

A young couple once found themselves in a desperate financial situation. The husband had been unable to find a job after several weeks of seeking employment. The wife endeavored to help by securing a part-time position. Their bills increased and it seemed as though their home and possessions would be lost because of their inability to pay.

The young woman, knowing about Truth teachings, finally called on a counselor for assistance in prayer. She explained the desperate need for immediate relief. The counselor suggested taking hold of the thought that even as they talked together a door was being opened to the husband offering him a new position. As they prayed together they knew it would come and with little delay. Later that evening the woman reported that her husband had been accepted in a fine salaried position. In less than one week the wife secured a new position near home with a fine company.

A young Army private stationed overseas wrote his mother that he was due for an immediate trans-

fer to another base and he asked her to pray with him. He liked his present work and preferred not to change. The mother, a Unity student, talked promptly with a counselor about the situation. Together they held to the Truth that the divine design of the son's activity and work would prevail, that he would be stationed wherever it was right for him to be, and that whatever was for his highest good would come to pass in an orderly way.

Within a few days the mother received a letter from her son saying that he was remaining at his present base. He stated that as he was packing his belongings preparatory to leaving, word came for him to see his superior officer. The officer explained that he had made a special request to retain the young man because of his excellent work and character and that orders rescinding the transfer had already been put into effect.

Not a moment too late does God provide, help, and save. Not a moment too late do we receive our guidance when we listen, watch, and pray. Not a moment too late do we receive our strength, courage, and renewed faith when we take firm hold of Truth. Not a moment too late will outer changes be effected when we are still and remember that God is always with us.

Perhaps you will say that this may be true in some cases but that it has not been true for you. You may feel that God has not helped you, that you have waited and waited and waited in vain for the assistance that you dearly desired and needed but that it has never come. If this is your thought, look to the reason for the delay. There is always

a reason beyond that which appears to be an unanswered prayer or a so-called unheeded cry for help.

God is ever willing to help, to lift, and to rescue us from any situation. It is we who are not always ready and willing to be helped. Perhaps you will say, "You mean I don't want to be delivered from this state of ill health, lack, or inharmony? You can't tell me that. My constant prayer is for help."

Remember that there are always two involved in the process of a rescue: there is the rescuer and the one who is to be rescued. There must be co-ordination between the two. If we will look impersonally for a few moments at our attitude toward our healing, whether it is the physical, emotional, or financial state of our being, perhaps we will be able to see why the rescue has not been concluded to our satisfaction.

Have we co-operated wholeheartedly with God, or have we clung to Him desperately for a while and then turned away to give our attention to the outer dilemma? If we are sincerely honest with ourselves can we say that our Saviour has had all our attention, our constant co-operation? We are told that our God is a jealous God, "jealous" in the sense that if we would accept all He has to offer to us, our whole attention, not just part of it, must be on Him. Have we fulfilled this part, our part, in order that God may fulfill His part?

When we give God our entire devotion and attention we are drawn into the state of consciousness that is our help and our deliverance. When we give the outer symptoms, conditions, and appearances of

negation our attention we draw ourselves away from the state of consciousness that is our help and our deliverance. Even as the covenants of salvation throughout Bible history demanded activity on the part of God and man, so the promise of our deliverance becomes a reality through not only the activity of God but through our thoughts, words, and actions.

If we become still and turn mind and heart to God daily, we will be illumined and guided into fulfilling our part in the deliverance we seek. We can begin in this moment to co-operate with the Father, permitting His activity to lift us to the saving state of consciousness we desire.

In renewed faith let us take the attitude of Martha, after the passing of Lazarus, as she directed her words to Jesus, "And even now I know that, whatsoever thou shalt ask of God, God will give thee." Even now, regardless of what has occurred in the past, regardless of what appears to be impossible from the human viewpoint, it is not too late. Even now whatsoever we shall ask in the Christ consciousness of full faith and trust in God, God will give to us.

Your Christ healer is here with you now, ready to help, to lift, and to heal. Your Christ deliverer is not a personality that belonged to a certain age or to a certain group of people but a Presence that is ever-present, all-powerful, all-redeeming. This Presence and Power is with you and within you, actively working to help with every situation.

It is not too late to understand Truth and to put it to work in your life. It is not too late to

realize that God loves you and that He will open doors to new opportunities. It is not too late to seek the pearl of great price and to receive the benefits of spiritual understanding. It is not too late to listen for guidance. It is not too late to enroll in a class of Truth lessons, to attend a service that you know will be helpful, or to call on a friend to lend a helping hand through prayer.

It is not too late for healing, for success, or for the return of love and happiness in your life. It is not too late for the attainment of peace, harmony, and understanding among your dear ones and your friends. It is not too late for the coming of the heavenly kingdom into increased outer expression here on earth.

The promises are, the "year of release, is at hand," the "day of Jehovah is at hand," the "kingdom of heaven is at hand," the "time is at hand." The year of the release from your difficulties is now! The day of your deliverance and the time of your salvation is now!

It is never too late to believe these truths, to accept them, to incorporate them into your consciousness, and to become a new person in thought, word, and deed. Jesus never considered it too late for God to heal the sick, never too late for God to supply the multitudes, never too late for God to deliver. He knew that God was always at hand to deliver, always present to lift, to save, and to rescue His beloved children.

It was this faith that upheld Him when He was betrayed. It was this faith that sustained Him when He was persecuted and tried. It was this faith that

lived and moved through Him during the loneliness of Gethsemane and the darkness of Golgotha. Knowing God's promises are always kept, Jesus was not concerned with the fleeting hours of time but with becoming more and more aware of the presence and power of our Father.

If we will follow the example of Jesus, cease to watch the clock, and simply know that it is never too late for God's help, we will come into the same saving state of consciousness that Jesus knew.

Take heart now and know that it is not too late for you to receive the blessings that God has prepared for you. It is not too late for you to understand the Truth with that great spiritual illumination that looks past all outer time and beholds that which is ever "the same yesterday and to-day, *yea* and for ever." Think, pray, and listen, and you will know this Truth within yourself. Your deliverance shall come, divinely ordered and in time. Rest, trust, and rejoice in the promise that your loving Father "hath made everything beautiful in its time." That time is the eternal now—this day, this hour, this moment—divinely ordered and divinely ordained!

And that in the good ground, these are much as in an honest and good heart, having heard the word, hold it fast, and bring forth fruit with patience.—LUKE

The Truth That Frees

WHILE COUNTING my many blessings this morning, the desire came to me to pass on to others some of the affirmations of Truth that have helped me through many dark and difficult periods of my life.

A student of Truth—the teachings of Jesus Christ—for many years, my heart is filled with gratitude as I look back over this period and realize how I have been protected, guided, raised gradually up and out of a sense of poverty, ill-health, discontent, and a feeling of futility into comparative wealth—more than enough to fill all my needs—good health, peace of mind, and a feeling of achievement. God is very good to us, His children, when we learn to recognize His presence and the power of His word.

When Truth was first brought to my attention through Unity, I was a woman surrounded by trouble: family trouble, financial trouble, physical trouble. I was paying regular visits to a doctor, taking treatments for my spine which seemed to hurt constantly. I was very nervous, and I cried frequently and at the slightest provocation.

One day a friend brought me some Truth literature. I had always been religious, though for some years I had been unable to believe in a future hell or heaven, or a God up in the sky somewhere who meted out punishment to the children He was supposed to love. The first thing about this new teaching that appealed to me was its insistence on the

fact that in the beginning man was created in the image and likeness of God; and God being a Spirit, man therefore was and is spiritual and not material. Moreover, Truth taught that by recognizing the indwelling Christ and the kingdom of heaven within him man could become master of his health and circumstances.

It took some time for me to change all the negative thoughts I had entertained about myself, my family, and my environment, but as I faithfully tried to pray constructively instead of supplicating negatively, and as each day I claimed and affirmed my good as a child of God, conditions gradually improved. As I look back now, it seems as though I had changed into an entirely different person and consequently attracted new and better conditions. The following are some of the prayers and affirmations that helped and are still helping me to uncover more and more of "the kingdom of heaven . . . at hand."

Health: I am the image of God, and God is Spirit. I am a perfect, spiritual being, created and sustained by God. God expresses perfect health through me, perfect love, perfect joy, and radiant well-being. Through the indwelling Christ I am the very presence of God in action.

Energy and Strength: I thank God for His untiring energy flowing through me. I do not depend on my own strength, but I know that God's strength and energy are untiring, unlimited, and are mine to use at all times. I am one with God's life and energy, and I feel this perfect life flowing through every part of my body, vitalizing, renewing.

Circulation: I thank God for free, happy, unobstructed circulation of good and of service. I cannot be hindered or obstructed in my expression of good by any human suggestion or influence. I am free to do God's will for me, joyously, happily. This divine freedom is manifested in my body as perfect, free circulation of blood to all parts of my body.

Heart: My heart is filled with gratitude to God for all His blessings. My heart is strong in the knowledge that all is well, because I am God's beloved child and one with all good. God is love, and this love flows out through my heart to all mankind and to all the universe. I now forgive anyone who has hurt or harmed me in any way, and I refuse to hold anything in my heart but love and kindness. I have no fear of any person, place, thing, or circumstance, for God's love surrounds me and protects me. This divine freedom is manifested in my body as the perfect action of my heart, and I know that God is the love, the joy, and the strength of my heart.

Eyes: I see with God's eyes. I do not see imperfection. I am not critical. I see God's beauty and perfection everywhere and in all people. I see myself as God sees me. I do not belittle myself or find fault. The Christ within me beholds and salutes the Christ in all others. I relax and let God see through my eyes, and my perception and focusing power are perfect, strong, and clear.

Ears: God hears through my ears. I hear as God hears. I am not set or prejudiced in my opinions. I am willing to see and hear the other fellow's point of view. I do not shut out any suggestion of good but hold myself receptive and responsive to any message

that may come to me from God through other people. I am free to receive the blessings that may come to me from any source (whether I, humanly, think it is a likely source or not); and there is no human power that can hinder me or obstruct my good.

Foot Trouble: God blesses my incomings and my outgoings. I am free to come and go in God's service, to go about my daily affairs in comfort and in peace, and no human belief in hindrance, resistance, or pain has the power to hold me back. God is my perfect support and balance. I see every part of me as God sees it, as perfect and able to give perfect service. (See also affirmation on circulation.)

Beauty: The pure life of Jesus Christ transforms both consciousness and body, and I radiate Spirit wholeness in every part of me. I radiate love, and love is lovely. I radiate life, and this life is beauty. The loveliness of the indwelling Christ shines from within as love, kindliness, interest, intelligence, and joy, making my expression beautiful. Divine love shines through my eyes, and love's smile is on my lips. I am beautiful because I am the Lord's beloved and He approves of me.

Life: Time has no influence over me because I am eternal, composed of God's eternal substance. I am a spiritual being, governed by spiritual laws, and I am not subject to the laws of matter. In the beginning I was created in the image of God, and I am composed of perfect spiritual ideas. Each one of these ideas, manifested as parts or functions of my body, is perfect, radiant, young, and lovely, harmonious in every way, ever revitalized, ever renewed by Spirit, perfect in mind and in manifestation. Every

part of me is governed by love, and I express this love and interest constantly to others. I am open and receptive at all times to new ideas, new friends, new blessings, new interests. Eternal life is constantly flowing through me, and it cannot be slowed up, obstructed, or interrupted in its flow. I am young in mind and feeling, and the Christ presence within me is a source of eternal freshness. "Whosoever drinketh of the water that I shall give him shall . . . become . . . a well of [cleansing, purifying, vitalizing] water springing up into eternal life."

Skin: I am completely surrounded and infolded by the protecting love of God. I am sensitive to nothing but good. Nothing can ever touch me but the divine action of God Himself, and God is love. I am the consciousness of God in action, so I entertain only pure thoughts and feelings. I live and move and have my being in the midst of the love that created me, and this love upholds and sustains me in perfect security and peace of mind. This love also flows through me in perfect circulation, stimulating and nourishing every part of me.

Guidance: The Light of Spirit shines upon my path, making it clear, bright, and certain. (Hold this thought many times a day, before going to sleep at night and the first thing upon awaking. It has helped me to many a good decision.) God within me is a mighty, directing force. His all-knowing wisdom guides me every step of the way.

Loneliness: I am never alone, for God is ever with me. "Closer is He than breathing, and nearer than hands and feet." I am one with God, and through the Christ dwelling within me I draw into

my life all good: true, sincere friends; interesting, stimulating experiences, and anything necessary for my growth, happiness, and well-being. God is my comfort and strength, a "very present help in trouble." I am one with all good in the universe everywhere. The Christ in me recognizes the Christ in others and so true friendship comes to me. This Christ has said, "Lo, I am with you always, even unto the end of the world."

Achievement: I am here for a purpose. If I am to succeed, this purpose must be in harmony with God's purpose. Here and now I give myself over completely to God's will for me. I make the Golden Rule my standard of living and working, and I know that God's will is now done through me successfully. God's purpose is the expression of the kingdom of heaven in man's consciousness and so on earth. By operating in accord with this purpose I am assured of a successful, satisfying life.

Use of Talents: I thank Thee, Father, for the ability given me to serve Thee in the best way possible. Help me to stir Thy gift within me into flame that I may serve Thee and my fellow men the better. Help me to realize that I am an instrument for good in Thy hands. Help me to know that "I can of myself do nothing" but that "with God all things are possible." I am here for the purpose of filling a particular niche in Thy planned universe. Thou dost need me to help complete Thy plan for mankind. I co-operate by recognizing Thy presence and power in my life and by allowing Thee to think, speak, and act through me in the way Thou thinkest best. I do all things with Thy help and to Thy glory.

Abundance: I am one with the spiritual substance out of which all forms are made. As a child of God I am heir to all good now and eternally. I do not have a consciousness of poverty but a consciousness of wealth and abundance. My mind and all my affairs are free to respond to the splendor of Spirit abundance, and I gratefully receive and use the gifts of Spirit. My substance cannot be diminished in volume. It is a continuous, uninterrupted flow, constantly replenished from the divine source, and generously ample for every demand made upon it. It is adaptable in many ways, through many channels. I am open and receptive to God's wealth of new ideas flowing in and out of my consciousness in a perfect circulation of good. Thank You, Father, for Your ever-flowing abundance.

Home and Environment: In God I live and move and have my being; therefore, my home and environment are love-filled, harmonious, orderly, and peaceful. I cannot be homeless, for God's love and care ever surround and infold me, and "the Eternal God" is my "dwelling-place." My perfect home is already prepared for me. Thank You, Father, for leading me to it. I know it will correspond to my consciousness of home; so please fill my consciousness with Thy Truth, beauty, love, harmony, comfort, rightness, and peace.

On Hearing a Discouraging Remark: I cannot be hurt, disturbed, or hindered in my spiritual progress in any way by any form of negative, mental suggestion, my own or anyone else's. This suggestion comes from the human side of me only. It cannot and does not come from Spirit and so cannot touch

or influence the real me, which is Spirit. Being spiritual, I am now and forever free of any influence but God, good. I am sensitive only to good, knowing that there is no reality in any supposedly opposing force. My spiritual growth is in the hands of the Father, and He leads me ever onward and upward. Thank You, Father, for Your infolding love and for Your approval.

Loss or Misplacement: Nothing can be lost in Divine Mind, which is all-seeing and all-knowing and all-remembering. In this mind I live and move and have my being. This intelligence now leads me to *(name of article lost)* and brings it to light. Thank You, Father, for this proof of Your loving care for me. (This may need to be repeated a few times quietly and firmly but with no sense of anxiety or haste. Then turn the matter completely over to the Father, knowing that the matter is already accomplished. Be alert to any suggestion that may come to you, and hold the feeling of assurance that the Father within you knows where the lost article is and is leading you to it.)

Sleep and Rest: (Before you close your eyes at night be sure that you are not holding any unlovely or unforgiving thoughts about anyone or anything—anything unlike God. Drop all fear and anxiety; then say quietly:)

"The Eternal God . . . [my] dwelling-place,
And underneath are the everlasting arms."

I rest in these arms as on a soft, white cloud, and all about me is silence and peace. All is well, for God is here all around me and within me. Every part of my being is at peace, for love is watching over all.

God is taking full charge of every moment of my tomorrow and all will be well. I leave everything in His hands and I am at peace. Thank You, Father, for Your loving care and for the peaceful sleep now coming to me. (It is good also to say the Lord's Prayer over slowly before falling off to sleep.)

Understanding: God is my understanding. The Christ within me knows the truth and my consciousness is now filled with His light. This light shines always, dissolving any darkness of human belief. Illumination and guidance are always there for me when I turn to this light within. It never fails. Teach me true humility that I may be teachable, obedient, open, and receptive to Truth. Teach me to share with others wisely the understanding of Truth that is revealed to me. Thank You, Father, for the brightness of Your light of understanding within me.

These and other affirmations of Truth have never failed to get results when I have used them faithfully and persistently for myself or for others. "And let us not weary in well-doing; for in due season we shall reap, if we faint not."—*Kathleen W. Welch.*

The heavens declare the glory of God;
And the firmament showeth his handiwork.
Day unto day uttereth speech.
And night unto night showeth knowledge.

—PSALMS

Sunday LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Study with an open mind and Truth will convince you. Bible text is taken from the American Standard Version of the Bible, copyright, 1929, by the International Council of Religious Education; lessons are developed from outlines prepared and copyrighted by the Council; both are used by permission.

Lesson 6, August 5, 1956

UNITY SUBJECT—*Disciplined Living.*

INTERNATIONAL SUBJECT—*A Call to Christian Living.*—I Peter 4:1-11.

1. Forasmuch then as Christ suffered in the flesh, arm ye yourselves also with the same mind; for he that hath suffered in the flesh hath ceased from sin;

2. That ye no longer should live the rest of your time in the flesh to the lusts of men, but to the will of God.

3. For the time past may suffice to have wrought the desire of the Gentiles, and to have walked in lasciviousness, lusts, winebibbings, revellings, carousings, and abominable idolatries:

4. Wherein they think it strange that ye run not with *them* into the same excess of riot, speaking evil of *you:*

5. Who shall give account to him that is ready to judge the living and the dead.

6. For unto this end was the gospel preached even to the dead, that they might be judged indeed according to men in the flesh, but live according to God in the spirit.

7. But the end of all things is at hand: be ye therefore of sound mind, and be sober unto prayer:

8. Above all things be fervent in your love among yourselves; for love covereth a multitude of sins:

9. Using hospitality one to another without murmuring:

10. According as each hath received a gift, ministering it among yourselves, as good stewards of the manifold grace of God;

11. If any man speaketh, *speaking* as it were oracles of God; if any man ministereth, *ministering* as of the strength which God supplieth: that in all things God may be glorified through Jesus Christ, whose is the glory and the dominion for ever and ever. Amen.

GOLDEN TEXT—*Wherefore girding up the loins of your mind, be sober and set your hope perfectly on the grace that is to be brought unto you at the revelation of Jesus Christ.*—I Peter 1:13.

SILENT PRAYER—*By seeking to discern what is right in each situation as it arises I follow the way of the Christ without stumbling.*

The consecration of a former age has become the concentration of the present. Regardless of terminology the truth remains that complete devotion to the ideal of one's life is essential to progress in spiritual living. He who would express the Christ in his daily life must keep his eye single to the good, must reinforce his aspirations by thinking creatively or constructively (girding up the loins of his mind), be in earnest in his efforts (sober), and set his thoughts on what he wishes to realize. "Set your hope perfectly on the grace that is to be brought unto you at the revelation of Jesus Christ."

As the Christ is revealed to us as an indwelling union of love, wisdom, power, and prescience, we understand that by faithfully taking thought we too can be one with the divine as Jesus was. "Be ye yourselves also holy in all manner of living." Humility is required in this undertaking, for it is an under-

taking in which the whole being, spirit, mind, and body must be engaged.

Before we can lay valid claim to divine sonship it is required of us that we rely entirely on divine law in directing our lives, making no concessions to man-made law, no matter what the stress to which we may be subjected. If we "call on him as Father," we must establish the relation of a son to Him by our Godlike thought and behavior. Our behavior must be in harmony with our profession of faith if the latter is to mean anything.

When the will expresses noble impulses and worthy desires, it is well with the body consciousness. We should nourish the body with suitable food and drink and partake of both with a view to health, strength, and general well-being instead of allowing the habit of eating and drinking to degenerate into a mere pampering of the sense appetite.

Eating and drinking by schedule, like any other aspect of living by custom, may become an unbearable routine. It will surely become so where the impulse to live life to its fullest and best is absent. Eating for strength easily becomes a habit where strength is desired to equip one to the full for the task that one loves and truly wishes to do.

The right-minded person does not entertain the possibility of self-indulgence but keeps the tenor of his life keyed to accomplish the goal he has set before him.

Religious activities that are indulged in as mere matters of form take rank with self-indulgence of the sense nature in their undesirable reaction on the so-called worshiper. Apart from true goodness of

heart, outer religious forms and ceremonies are worse than useless; they are pernicious. The form of righteousness without the underlying substance works against one's good; one becomes hypocritical, untrue, an impersonator in the law of good. He who at heart does not love Truth, who is unjust and evil, brings worse consequences on himself by his profession of faith in God and service to Him than he would by openly disavowing God and making no attempt to deceive himself or others. Following form in religion tends toward apathy and absence of genuine thought and feeling; a state of mind against which seers and prophets have always warned men if they would live in harmony with the higher self. Obedience to the voice of conscience brings good into our lives by unifying our impulses and our ideals, our profession and our practice, and making of the two in each case one new character. "Behold, to obey is better than sacrifice, and to hearken than the fat of rams."

Joy and praise are expressions of good qualities, both laudable. They are secondary, however, to justice and righteousness. Fundamentals must come first, and whoever lacks a keen sense of justice and a love of right for its own sake is not ready to give true praise or express wholehearted joy. The foundation must be built before the superstructure can be reared.

Life is "the work of God." He who gives in to the lower, sense nature in time destroys his body and with it the body consciousness, which we commonly call "life." Long before he succumbs physically he destroys his power to appreciate the finer

qualities of mind that make "the work of God" priceless.

When we arm ourselves with the Christ Mind we discipline our thinking as well as our living until we are able to avoid all falling short of the mark. When we are willing to "suffer in the flesh" if need be in order to overcome the self, we are making progress in self-discipline, and in time we shall be free to express the "will of God" and no longer be subject to the vacillations of our own will.

QUESTIONS

1. What is the main attribute essential to progress in spiritual living?
2. How may we lay valid claim to divine sonship?
3. To what does the following of form in religion tend?
4. Which comes first, joy and praise, or justice and righteousness?
5. What is "the work of God"?

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Lesson 7, August 12, 1956

UNITY SUBJECT—*Companionship in Spiritual Consciousness.*

INTERNATIONAL SUBJECT—*The Way of Christian Fellowship.*—I John 1:1-10.

1. That which was from the beginning, that which we have heard, that which we have seen with our eyes, that which we beheld, and our hands handled, concerning the Word of life

2. (And the life was manifested, and we have seen, and bear witness, and declare unto you the life, the eternal *life,* which was with the Father, and was manifested unto us);

3. That which we have seen and heard declare we unto you also, that ye also may have fellowship with us: yea, and our fellowship is with the Father, and with his Son Jesus Christ:

4. And these things we write, that our joy may be made full.

5. And this is the message which we have heard from him and announce unto you, that God is light, and in him is no darkness at all.

6. If we say that we have fellowship with him and walk in the darkness, we lie, and do not the truth:

7. But if we walk in the light, as he is in the light, we have fellowship one with another, and the blood of Jesus his Son cleanseth us from all sin.

8. If we say that we have no sin, we deceive ourselves, and the truth is not in us.

9. If we confess our sins, he is faithful and righteous to forgive us our sins, and to cleanse us from all unrighteousness.

10. If we say that we have not sinned, we make him a liar, and his word is not in us.

GOLDEN TEXT—*If we walk in the light, as he is in the light, we have fellowship one with another.* I John 1:7.

SILENT PRAYER—*I am a new creature in Christ Jesus.*

Spiritual consciousness makes all things new for the one who enters it. Founded on the twelve fundamental faculties in Divine Mind—faith, strength, judgment, love, power, imagination, understanding, will, order, zeal, renunciation, and life—this consciousness is original and self-renewing.

The "Word of life" is the creative principle or God life, and that which was from the beginning is the truth that the life of God is continually com-

ing forth into expression. Life is self-expression in its higher ranges. We use the "Word of life" in our everyday affairs, in all that we hear and see, as we open ourselves through faith to the inner Truth of Being.

Jesus Christ was the Word made flesh. Through holding fast to the divine idea of life and refusing to manifest anything less than perfection He showed what eternal life is. We who wish to enter into it must follow Him in faithfulness to the principle of self-expression.

Fellowship presupposes a community of interests or "all things common." When our fellowship is with God we realize that the universal life, energy, and power are accessible to us, and our desire is to express all these according to the measure of our ability. Fellowship with Christ is oneness of aim and effort in the Christ Spirit to accomplish what we desire.

A fellowship is for a purpose: pleasure, profit, mutual benefit, or improvement. Christian fellowship aims at increasing on earth the works of the Christ Spirit. Where two or three are gathered together in the Christ name, there the power of the Christ becomes manifest. Jesus used it in healing the sick, teaching the multitudes, training His disciples, deepening His understanding of life, and doing various other works of power and might now called miracles, but which were in harmony with law and evidence of His oneness with the Father.

All who love Truth are united in an invisible fellowship to promote or increase the light of the world or to make divine wisdom and intelligence manifest

in the common life of men. When evolution is finished in the physical realm and passes to the realm of mind, a higher and quicker intelligence and understanding will become manifest in those who are ready for the transition.

To "walk in the light, as he is in the light," is to employ the wisdom that is from above in our daily round, keeping the Father in mind as the source of all our knowing, the mainspring of all our actions.

As we learn to speak the word of healing in the Christ consciousness, we do the works that Jesus said His followers would do. As we open the inner eyes of others to the light of life, we teach as Jesus taught. As we live the sacrificial life that Jesus lived, putting aside self-interest or ambition and concentrating on the harvesting of the whitened fields or lives of others around us, the life or "blood of Jesus" cleanses us from the sins of selfishness, self-seeking, thoughtlessness of others, and whatever other sins there may be.

As we enter into spiritual consciousness and abide there faithfully, there is no more negation, no vacillating uncertainty. There will be no more wondering what is the right course to follow, for the Way lies clear and straight ahead, with a voice saying, "Walk ye in it." We know what is right, for when we are zealous to know the Truth our minds are illumined.

God does not dwell afar off. As men sincerely desire to understand and express the Truth, "the tabernacle of God" is with them; for they themselves rear the building of Godlike character and righteous living from which He cannot be absent.

Ignorance, insincerity, falsehood, half-truths, bigotry, hatred, disease, death, pass away as man develops understanding of divine law and perfects his obedience.

The promise to him who lives up to his clearest understanding of the law is that he shall inherit all the rewards of his faithfulness. Chief among these is the fellowship with God that the adult son of the Father is able to feel and participate in.

QUESTIONS

1. How does spiritual consciousness make all things new?
2. What does fellowship with God help us to realize?
3. Explain the purpose of that fellowship.
4. In what way is the tabernacle of God among men?

Lesson 8, August 19, 1956

UNITY SUBJECT—*Faith and Its Meaning.*

INTERNATIONAL SUBJECT—*Grounds of Christian Assurance.*—I John 3:19—4:6.

19. Hereby shall we know that we are of the truth, and shall assure our heart before him:

20. Because if our heart condemn us, God is greater than our heart, and knoweth all things.

21. Beloved, if our heart condemn us not, we have boldness toward God;

22. And whatsoever we ask we receive of him, because we keep his commandments and do the things that are pleasing in his sight.

23. And this is his commandment, that we should believe in the name of his Son Jesus Christ, and love one another, even as he gave us commandment.

24. And he that keepeth his commandments abideth

in him, and he in him. And hereby we know that he abideth in us, by the Spirit which he gave us.

1. Beloved, believe not every spirit, but prove the spirits, whether they are of God; because many false prophets are gone out into the world.

2. Hereby know ye the Spirit of God: every spirit that confesseth that Jesus Christ is come in the flesh is of God:

3. And every spirit that confesseth not Jesus is not of God: and this is the *spirit* of the anti-christ, whereof ye have heard that it cometh; and now it is in the world already.

4. Ye are of God, *my* little children, and have overcome them: because greater is he that is in you than he that is in the world.

5. They are of the world: therefore speak they *as* of the world, and the world heareth them.

6. We are of God: he that knoweth God heareth us; he who is not of God heareth us not. By this we know the spirit of truth; and the spirit of error.

GOLDEN TEXT—*This is the victory that hath overcome the world,* even *our faith.*—I John 5:4.

SILENT PRAYER—*I trust divine wisdom for light on my daily path, and through faith I perceive what is right.*

Jesus represents God's idea of man in expression. The Christ is the man that God created, the perfect-idea man, and is the real self of all men. Jesus Christ is this Christ self brought forth into perfect expression and manifestation. Whoever grasps the truth that such perfection is possible in human form becomes capable of realizing and expressing it in degree, for to understand Godlikeness is to have something of Godlikeness in one's own heart and mind.

To believe that we are the repositories of divine love fills the heart with joy and peace. To know this

love in ourselves is to gain confidence in the divine nature and assurance that we have a part in the life of God. As the creative power of divine love becomes active in us we put our devotion to the good to work in our lives and affairs. Our purpose in perfecting ourselves in the consciousness of the divine is to establish in ourselves a state of confidence that does away with self-consciousness and leaves us free to do unhindered the work of the Father.

Faith in Jesus and acceptance of His teaching bring one into the Christ consciousness easily and naturally. Jesus is the Way-Shower, and as we study His words and do His works of faith, we are quickened by the Christ Spirit to know what is right before we make our decision to act. The great gain is to know what to do without strain and without having to face crises.

Whoever has tried to carry a load of duty or responsibility that was beyond his power to bear in his own strength knows the relief that comes when the load is lifted from his shoulders and placed on others that are fitted to carry it with ease. To the disinterested helper who sees the problem impersonally the principle by which it is solved is clear. What is a knotty problem to the one who claims it as his special burden is to the other person no problem at all. Faith gives one the larger view.

Man must believe in a higher and better order than he now knows or can yet prove. This is the law of faith. To be of benefit to him a man's faith must be in things spiritual, in God. We cannot be one with Divine Mind before we believe in Divine Mind and trust ourselves to its guidance. Those who ac-

knowledge no higher authority than the intellect say that no one can know anything of God with certainty. If they develop faith in the divine they can no longer make such a claim.

In his own strength or through the intellect alone man cannot control his destiny or be master of his circumstances. For the intellect there is always a "thus far and no further." Faith however knows no impossibility, acknowledges no limits to man's achievement when he works with the Infinite. Through this divine aspiration he learns that spiritual Truth is substantial and not a figment of the imagination. It is right that faith should be without bounds, for without this foundation in Christ man cannot develop justice and cannot express the Christ-like qualities that prove his faith justified.

The law of faith excludes conceit or glorying in one's personal gifts or endowments. Looking to a higher power than ourselves for strength and wisdom develops humility, a desirable gift in itself. Faith is the inner vision that lets us see that strength sufficient for all our needs is to be had for the taking. One of the main works of faith is to exercise this vision. Another is to keep this inner eye single so that we may see only the good.

The eye that can see the good as a universal principle sees God as one, justifying both Jew and Gentile through faith, establishing the law for the one, making ceremonies superfluous for the other, while establishing the moral law. Applied practically, we see that faith is at the foundation of the religious instinct in man and that it controls the worldly nature as well. The same faculty is constant in the

mind of man regardless of its allegiance.

Those who are full of faith not only desire to do right but understand what is the right thing for them to do in every situation that arises. Active faith is so powerful in the mind of man that it puts him in touch with divine wisdom, thus justifying his habit of trusting God to guide and direct him in all his ways. Justification by faith means that a man who is filled with faith in God expresses that faith in all his works instead of trying to prove his claim to sonship through keeping the man-made law in all its details. Faith means justification of a man's course, and he who feels that he is justified is at peace in his mind. Faith thus brings one to a consciousness of the grace of God in Christ. Without faith it is impossible to please God, because it is impossible to become conscious of God except through this universal avenue of hope, wisdom, and knowledge.

QUESTIONS

1. What is the real self of all men, and how is it realized?
2. What is the meaning of the word righteousness?
3. How can we be sure that we are following the right course always?
4. What does justification by faith mean?

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Lesson 9, August 26, 1956

UNITY SUBJECT—*Judgment and Justice.*

INTERNATIONAL SUBJECT—*Christian Growth through Testing.*—James 1:2-18

2. Count it all joy, my brethren, when ye fall into

manifold temptations;

3. Knowing that the proving of your faith worketh patience.

4. And let patience have *its* perfect work, that ye may be perfect and entire, lacking in nothing.

5. But if any of you lacketh wisdom, let him ask of God, who giveth to all liberally and upbraideth not; and it shall be given him.

6. But let him ask in faith, nothing doubting: for he that doubteth is like the surge of the sea driven by the wind and tossed.

7. For let not that man think that he shall receive anything of the Lord;

8. A doubleminded man, unstable in all his ways.

9. But let the brother of low degree glory in his high estate:

10. And the rich, in that he is made low: because as the flower of the grass he shall pass away.

11. For the sun ariseth with the scorching wind, and withereth the grass; and the flower thereof falleth, and the grace of the fashion of it perisheth: so also shall the rich man fade away in his goings.

12. Blessed is the man that endureth temptation; for when he hath been approved, he shall receive the crown of life, which *the Lord* promised to them that love him.

13. Let no man say when he is tempted, I am tempted of God; for God cannot be tempted with evil, and he himself tempteth no man:

14. But each man is tempted, when he is drawn away by his own lust, and enticed.

15. Then the lust, when it hath conceived, beareth sin: and the sin, when it is fullgrown, bringeth forth death.

16. Be not deceived, my beloved brethren.

17. Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom can be no variation, neither shadow that is cast by turning.

18. Of his own will he brought us forth by the word of truth, that we should be a kind of firstfruits of his creatures.

GOLDEN TEXT—*Blessed is the man that endureth temptation; for when he hath been approved, he shall receive the crown of life, which* the Lord *promised to them that love him.*—James 1:12.

SILENT PRAYER—*I welcome every test of patience as a chance to prove the strength of my faith and steadfastness in the Christ.*

One of the commonest opportunities to practice concentration or to collect the faculties is afforded man by temptation. Faith is proved by works, and real work is necessary to overcome temptation. Every victory gained means that much groundwork in patience and understanding, which provides a firm place on which to stand in future provings. Patience is a virtue that does not come easily to most people. Much preliminary testing is necessary in most cases to give men assurance that patience will not fail them when they need it most.

To give way to impatience is the chief temptation that comes to many. He who learns to curb impatience before it takes full possession of him shows that he has learned true wisdom. Until a man gains wisdom he cannot exercise good judgment, therefore wisdom is the first faculty to be collected in the mental drill. We collect wisdom by affirming its presence in our minds, in firm faith that since we are the product of Divine Mind, that Mind is accessible to us, subject only to our belief in it and our expectation that it will express itself in and through us.

Without singleness of mind effectual concentration is impossible. The student who has firm faith today and weak or wavering faith tomorrow cannot

make progress in the work of disciplining his thought processes. Double-mindedness is the chief cause of scattered forces. Perfection cannot take form in a wavering, uncertain medium.

Spiritual discrimination leads man to affirm the Truth concerning himself regardless of appearances. "Let the brother of low degree glory in his high estate." The metaphysician's affirmation of his divine sonship is misunderstood by those who are still in the orthodox thought. Divine judgment nevertheless continues to testify to man's spiritual origin. "I said, Ye are gods." This is a high affirmation to make, but not too high for the truth concerning man. It steadies the mind and holds it true to mirror the thoughts of the Infinite.

Those whose wealth consists of material assets must realize that the things that endure are spiritual, and that true prosperity is a state of mind, not houses and goods and land. The peace of mind that characterizes prosperity of spirit does not desert the man who, once rich in material possessions, is able to rejoice "in that he is made low." Many who have suffered financial losses have found rejoicing out of the question for the reason that their thoughts are still fixed on what they have lost and their consciousness closed to all possibility of gain. Yet they have an unequalled opportunity to collect their scattered faculties by affirming the truth of their unchanged estate in Divine Mind.

Good judgment in man convinces him that evil has no place in divine law and therefore no reality. "God cannot be tempted with evil, and he himself tempteth no man." This realization of the pure and

perfect goodness of God is far in advance of the Mosaic law "Ye shall not tempt Jehovah your God" and proves beyond question that evolution is taking place in the mental as in the physical realm.

Certain modern scientists in their search for new truth have formulated the theory that the law of cause and effect is not a law at all. The behavior of the atom may be unpredictable, but man is more than an atom and for him the law of cause and effect still obtains. He sees the cause of sin as an inner force, and knows that he can win the victory over his personal or natural self by keeping his mind and inner eye single and refusing to entertain the thought of evil. So long as he does not yield to temptation he need not fear the consequences, namely sin and death.

The unchanging nature of divine law, which is founded in Principle, is the basis of order, justice, judgment, and discrimination, in fact of all the qualities by the aid of which man practices to perfect self-expression. Whatever is good or perfect reveals God and is the sign manual of His presence. "Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom can be no variation, neither shadow that is cast by turning."

QUESTIONS

1. Can man turn temptations to account in a constructive way. Give reasons for your answer.
2. How is patience perfected?
3. What connection has wisdom with judgment or discrimination?
4. Has evil any place in the divine law. If it has no place, then how does it appear?
5. What proofs of cause and effect occur in the text of this lesson.

Silent UNITY

My zeal is tempered with wisdom, and I am at peace.

The Society of Silent Unity, founded more than fifty years ago, is the healing department of Unity School, ministering without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some hundred consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your co-operation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Address your request to Society of Silent Unity, Lee's Summit, Mo. Cable address: Unity, Lee's Summit, Mo.

Give your full name and address

Prayers ANSWERED

These testimonials come from persons who have been healed by the power of Spirit. Those who wish to gain inspiration from someone whom God has healed may write, in care of the Unity School Editorial Department, to givers of these testimonials. Each letter must be unsealed and give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodicals in which the testimonial appeared.

I Will Come and Heal

ALMOST A YEAR ago I wrote asking your prayers in the healing of a young boy who was taking dope. Since then many wonderful things have happened to him. He is completely healed, has started school again with a happy attitude toward it, and looks so good that one would never know he had been otherwise.

We are all very grateful for this healing; and as a result of it his family has become interested in Unity. The Father certainly has been good to all concerned in this boy's welfare.

I am enclosing a love offering in appreciation for your kindness. Many times I have written to you and I can truthfully say that each time I have seen more clearly the Father's goodness in all things. Blessed is the day I was led into Unity and finding you. God bless you all.—*A.H., New York.*

He Shall Have Abundance

TO MY WAY OF thinking, there is no better way to

start a new year than with a prosperity bank. I thank you from the depths of my heart for this loving service that you render those of us who so love the Unity teachings.

You will be happy to hear that since receiving my bank my husband has received a most unexpected promotion, and I have been unusually successful in my writing. Also, I have had the honor of being nominated and accepted for Federal Grand Jury duty. How surely it is written, "To them that love God all things work together for good." Thank you very much, and may God bless each of you in your endeavor.—*Mrs. G.E.K., New York.*

ENCLOSED FIND a check for the amount we saved in our prosperity bank.

This has been a wonderful experience for my wife and me. Spirit has blessed us and made manifest many wonderful events. Our personal finances have shown increasing abundance; our happiness and harmony have grown in all other departments of our lives. There has been a marvelous lifting up in every way.

We want you to use this amount to forward your work in any manner you see fit. And please be sure to send us another prosperity bank right away. —*F.M., New Mexico.*

Father, I Thank Thee

I HAVE GOOD NEWS! My husband has found employment! After applying for position after position for more than two months, he was asked to take on the

office work for a man who has his own electrical contracting business.

Many persons say it is fate, but I know this came about through your prayers and the prayers of my wonderful family. Thank you again and again. —*Mrs. F.L., New Jersey.*

IT HAS BEEN SOME time since I wrote to you to help me pray that my husband would find suitable work.

Our prayers have been answered. My husband has work as a service manager in a local garage and he enjoys his work very much.

Thank you for your participation in prayer and may God bless you all.—*Mrs. E.J., Wisconsin.*

I AM MAILING you contents of prosperity bank. Words fail me to express my appreciation of the good I have received through the few years I have been trying to live by Unity teachings. I have made many mistakes, but I have been helped and I think I have been able to help others, too. Its teaching has carried me through days, yes, weeks of deep grief. May God bless all workers and all work of you good people at Unity.—*Mrs. W.D., New York.*

I WROTE YOU A LITTLE while ago asking you to pray for me that a paper I was to give would be well done. I gave the paper last Friday, and it turned out to be simply wonderful. I was not nervous at all, and the members seemed simply spellbound. Also, they told me how inspired they were, and I was too!

All the time I kept thinking of you kind friends and pictured you as praying for me. Before I began I repeated *The Prayer of Faith* and really my words

of thanks seem so very small to you kind friends. From the bottom of my heart I thank you and am truly grateful to you.—*Mrs. R.A.R., Canada.*

JUST A WEEK AGO I wrote you requesting your prayers in helping me find a place to which to retire —a home, not an institution.

I believe it must have been the same day you received my letter that I learned in a miraculous way of a housekeeping position in a home. This position meets all my requirements and pays a larger salary than I had expected. Out of His infinite love God provides my right home. I accept it with love and give thanks. It seems there was no doubt as to my being the person for the position.—*Mrs. M.F., Wisconsin.*

MY SINCERE APPRECIATION to Unity for the help that it has given me over a period of years, and specifically this Spring. My employer notified me in December that he was resigning from the company. My first reaction was one of worry, fear, and doubt. Then I remembered my teachings and placed the matter in God's hands.

My employer left the middle of February. A new man replaced him and he not only gave me a substantial raise (without my even asking for it) but he has proven to be a most wonderful person to work for. He is kindly and thoughtful.

The business is prospering and the future looks very bright. I feel that Unity has played no small part in this turn of events. God bless you for your help and your prayers.—*M.L.K., Washington.*

The following leaders are conducting a ministry in keeping with the Christ teachings as interpreted by Unity School.

ALABAMA

Birmingham—Katheryn Jarvis, 2803 Highland ave

ARIZONA

Globe—Sarah Lightle, 117 E Oak
Phoenix—Harold Irving, 1614 N 7
Tucson—Lilian Cook, 603 N 3d

ARKANSAS

Hot Springs—Mildred Brown, Waukesha hotel
Little Rock—Mildred Brown, 1504 Spring

CALIFORNIA

Alhambra—Albert Ransford, 25 N 2d
Arcadia—Irene Malloy, 6 N 1st
Auburn—John Hinkle, Congregational church
Berkeley—Susanna Scott, 2500 Durant
Beverly Hills—Ruth Rae, 200 S Canon
Burbank—Joseph & Mildred Haggerty, 1009 Cordova
Cambria—A Williams, Derby & Warwick
Castro Valley—Edith Gruenwald, 1025 Crow Canyon rd
Colton—Harriet Nicholls, 1044 Mt Veron
Compton—Margaret Butterworth, 115 N Chester
Culver City—Dollee Phillips, 3979 Tilden
Escondido—Lola Mays, 143 W Grand
Fresno—Edward Jennens, 985 Palm
Glendale—Clifford Carpenter, 119 S Kenwood
Manhattan Beach—Winifred Dietz, 32d & Highland
Inglewood—Maude Galpin, 226 E Spruce
La Crescenta—Mary Adams, 2819 Montrose
La Jolla—Lola Mays, Woman's club, 715 Silverada
Long Beach—Louise Newman, Sarah Switzer, 935 E Broadway
Los Angeles—Ernest C Wilson, Norma Knight Jones, C Franklyn Kelly, 635 S Manhattan Pl; Helen Mouton, 4419 Mettler; Glenna Arrowsmith, 967 W Vernon; Carrie Love, 1540 W Jefferson
Modesto—Lucy Stringer, 201 Eye
Montebello Park—Gertrude Hall, 6169 Southside
Napa—Helen Wade, Churchill manor, Brown & Oak
North Hollywood—Joseph & Mildred Haggerty, 4871 Lankershim blvd
Oakland—Alma Morse, 144 Athol
Oceanside—Sonja Samiran, 1st & Ditmar
Pasadena—Max & Frances Flickinger, 293 N Euclid
Pomona—C L Tuntland, 524 E Pasadena
Richmond—Winifred Deming, 1125 Nevin
Riverside—Loren Flickinger, 3843 7th
Sacramento—John Hinkle, 1025 9th; Blanche Evans, 3728 Marconi
San Bernardino—Mr and Mrs H P Nicholls, 763 D st
San Diego—Marie Fleming, Robinson bldg, 520 E st
San Francisco—Mary Scully, 25 Fulton; Ethel Higgins, 133 Geary
San Gabriel—Ethel Turner, 325 S Pine
San Jose—Rose Emery, 40 B S 1st
San Leandro—Barbara Lyon, Masonic temple
San Rafael—Helen Wade, 701 Mission
Santa Ana—Myron & Estelle Key, 2015 N Broadway
Santa Barbara—Robert Sikking, 227 E Arrellaga
Santa Cruz—Pauline Powell, 407 Broadway
Santa Monica—Sue Sikking, 1245 4th
Santa Rosa—Helen Wade, 845 3d
South Gate—Edna Drebert, 2945 Tweedy
Stockton—Grace & Laurance Swannell, 48 W Poplar
Temple City—Glenna Arrowsmith, 5758 N Temple City
Van Nuys—Rose Schneider, 14440 Hamlin; Vera Stenen, 5745 Woodman
Ventura—Wm Noonan, 2095 Poli
Vista—Sonja Samiran, 504 S Santa Fe
Walnut Creek—Marie Giles, 1360 Locust
Whittier—Adelyn Thomas, College at Bright
Yucaipa—Unity, Woman's Club

COLORADO

Colorado Springs—Ann Winstead, 1307 W Colorado
Denver—Alice Benson, 1441 Welton
Grand Junction—Mabel Donaldson, 1001 Pennsylvania

CONNECTICUT

Bridgeport—Helene Kersten, 199 Fairfield
West Hartford—Faith Cornwall, 1 Walbridge rd
New Haven—Bonnie Adams, Hotel Taft

DISTRICT OF COLUMBIA

Washington—Margaret & E Roy Feldt, New Colonial hotel; Ann Sandefer 1733 Eye st N W

FLORIDA

Clearwater—Mary Powell, Chamber of Commerce auditorium
Daytona Beach—Mary Huck, 174 B'way
Delray Beach—Eva Rosencrans, 415 E Atlantic
Ft Lauderdale—Nora Campbell, Woman's club; Maud Guitteau, 11 NE 8th
Ft Myers—Ann Werner, 1200 Lafayette
Hollywood—Nora Campbell, 112 Harrison Arcade

Jacksonville—Wm & Bonnie Grenson, 634 Lomax; Sallye Wannamaker, YWCA, 1215 Lee
Lakeland—Lucile Miller, 127 S Massachusetts
Lake Worth—Fermor Manley, 628 N H
Miami—John Baughman, 412 NE 22 st
Miami Beach—May Stoiber, 5501 Pinetree
Orlando—Carolyn Parsons, 503 S Orange
Pensacola—Dorothy Thomas, 114 W Garden
Sanford—Carolyn Parsons, Valdez hotel
Sarasota—Dorothy Roy, Women's club
St Petersburg—Louise Beaty, 801 6 ave S
Tampa—Ruby Wagner, 626 No B
West Palm Beach—Hal Rosencrans, 707 Florida ave

GEORGIA

Atlanta—Wendell Mixson, 365 Ponce de Leon NE; Mabel Butts, 382 Ashby NW
Macon—Wendell Mixson, Hotel Lanier

HAWAII

Honolulu—Marie Handley, 240 Lewers rd

ILLINOIS

Alton—Ethel Bradley, Mineral Springs hotel
Bloomington—Margaret Cain, 108 E Mulberry
Champaign—Viretta Sutherland, 528 E Green
Chicago—W I & Anna Hoschouer, 306 S Wabash; Unity, 64 W Randolph; Janet Beaudry, 410 S Michigan; Myrtle Moore, 1129 E 45; Henrietta Gorden, 4307 S Mich; John Johnson, 1650 S Central Park
Decatur—Hazel Erisman, 1919 E Wood
E St Louis—Florence Schaefer, 656 N 79
Evanston—Maud Kellogg, Evanston hotel
Jacksonville—Viretta Sutherland, Dunlap hotel
Mattoon—Grace Wright, Hotel Byers
Peoria—Eva Conover, 733 Main
Rockford—Bernice Biggers, 115 Regan
Springfield—Eva Conover, 709 S 7th

INDIANA

Ft Wayne—Eleonore Krafft, 2440 Fairfield
Gary—Grace Free, YMCA, 225 W 5th
Hammond—Grace Free, K of P hall
Huntington—Eleonore Krafft, Court house
Indianapolis—Margaret Strahle, 907 N Delaware; Frederick Andrews, 8 E Market

IOWA

Des Moines—Chas Roth, 3118 Grand
Sioux City—Grace Dickhaut, Commerce bldg, 6 & Nebraska

KANSAS

Hutchinson—Nona Kerfoot, 316 W 15th
Topeka—Harriet Pfouts, Jayhawk hotel
Wichita—Carl & Lois Moran, 2160 N Oliver

KENTUCKY

Louisville—Maebel Carrel, 1322 S 4; Ruth Cox, 2907 Virginia

LOUISIANA

New Orleans—Elois Echlin, 4730 Cleveland; Ruth Murphy, 3722 St Charles
Shreveport—Evans H Walker, Ward bldg

MAINE

Portland—Unity, 93 High

MARYLAND

Baltimore—E Roy Feldt, Emerson hotel

MASSACHUSETTS

Boston—Elinor MacDonald, 30 Huntington
Cambridge—Edna Titus, 881 Massachusetts
Worcester—Elinor MacDonald, Academy bldg

MICHIGAN

Ann Arbor—Maria Munro, 310 S State
Battle Creek—Ferne Mack, Woman's League bldg
Bay City—Aelola James, 231 Washington
Birmingham—Frank Glabach, 203 Theater bldg
Detroit—Eric & Catherine Butterworth, 17505 2d blvd; Unity, 4221 Eastlawn; Virginia Shipley, 115 E Grand River; Lois Anderson, 146 Englewood
E Lansing—Roxie Miller, 425 W Grand River
Flint—Michael Giannuzzi, 1201 Metropolitan bldg
Grand Rapids—Leon Miller, 530 Scribner ave NW
Grosse Pte Woods—Eve Edeen, [redacted] Mack
Jackson—Ferne Mack, 400 S Jackson
Kalamazoo—Amy Moffett, 209 W Dutton
Lansing—Nora Hines, 217 Townsend
Midland—Aelola James, Community center bldg
Muskegon—Leon Miller, YWCA
Pontiac—Blanche Joki, 71½ N Saginaw
Royal Oak—Walfred Taurainen, 101 S Troy
Saginaw—Michael Giannuzzi, Woman's club

MINNESOTA

Minneapolis—Lila Ranney, 2300 Hennepin

MISSOURI

Independence—Fannie Baldwin, 210 N Delaware
Kansas City—Louis E & Ethel Meyer, 707 W 47th
Lemay—Julia McKee, 3701 Bayles
Lee's Summit—Unity Village Center
Overland—Kate Evans, 2422 Goodale
Springfield—Polly Weeks, 213 E Chestnut
St Joseph—Osla Jones, 1202 Felix
St Louis—Wm Helmbold, 4526 W Pine; Hilda Westermeyer, 3616 Bates; Florence Brummer, 4621 S Kingshighway; Ethel Bradley, 4328 Easton

MONTANA

Billings—John Wilkinson, 101 Lewis
Bozeman—Mary Wessel, 103½ Bridge Arms
Butte—Mary Wessel, YMCA

Great Falls—Esther Lewis, 1023 2 ave S
Livingston—Mary Wessel, 322½ W Callender

NEBRASKA

Omaha—C N Broadhurst, 1317 N 42d

NEVADA

Reno—Robt & Fay Caswell, 847 University

NEW JERSEY

Asbury Park—John Manola, One Press Plaza
Hackensack—Eleanor Drew, Woman's club
Montclair—Gladys Stevenson, 6 S Fullerton
Newark—Edith Berry, Benzell hotel, 456 Broad
Paterson—Gladys Stevenson, YMCA 128 Ward
Ridgewood—Louise Gerhold, 1 W Ridgewood
Trenton—Edith Berry, 489 W State

NEW MEXICO

Albuquerque—Mina Stevenson, 1219 Tijeras ave NW

NEW YORK

Albany—Marian Hoagland, YWCA
Buffalo—Lillian Matthews, Statler Hotel
Flushing—Adele Woodruff, 135-42 40 rd
Forest Hills—Adele Woodruff, Tennis Grill, 6 Burns
Great Neck—Emma Jean Sartori, Community church
Ithaca—Russell Kemp, 436 N Geneva
Lynbrook—Stella Wrenn, 451 Sunrise
New Rochelle—Ethel Nickelsen, YMCA 175 Division
New York—Georgiana West, 1 W 47; Crichton Boatwright, 57 Park ave; Josephine Siemon, 400 E 59; Stella Wrenn, 15 E 11 st; Nanna Sutton, 360 W 125, Rooms 2 & 3; Janet Holland, 2523 7th ave
Rochester—Elise Rosenburg, 55 Prince
Schnectady—Marian Hoagland, 32 Washington
Sea Cliff—Adele Woodruff, 112 Downing
Syracuse—Russell Kemp, 110 Onondaga A
Troy—Marian Hoagland, 1913 5th ave
White Plains—Eleanor Drew, 254 Martine

NORTH CAROLINA

Asheville—Velma Hoffman, 430 McDowell

OHIO

Akron—Wm Fischer, 1075 W Market
Canton—Fred Beale, 2508 Market N
Cincinnati—Erna E Wiesmann, 2853 Madison rd; Millie Leslie, 18 W 9
Cleveland—Earl & Martha Anthony, Hotel Cleveland; Cleo Lee, Masonic temple, 3615 Euclid
Columbus—Joe Jones, 50 West 5th ave
Dayton—Ethel Crouch, 1008 Grand ave
Hamilton—Mary Harding, 117 Ross
Mansfield—Charlotte Dunn, 29½ N Walnut
Marion—Ethel Wallace, YMCA
Springfield—Gordon Taylor, 2215 E High
Toledo—Wallace Tooke, 2740 Upton
Warren—Gladys Clarke, 156 High NE
Youngstown—Unity, Home Sav & Loan bldg

OKLAHOMA

Bartlesville—Ruth Jacques, 825 Cherokee
Muskogee—Ruth Jacques, 921 W Broadway
Oklahoma City—Alice & Schuyler Cronley, 318 Midwest bldg
Okmulgee—Ruth Jacques, 806 N Grand c/o R W Viersen
Tulsa—Grace Kehrer, 25 E 19; Dan Saunders, Alvin hotel

OREGON

Eugene—Hugh White, 1215 Oak
Portland—Ross Goodman, 811 NW 20

PENNSYLVANIA

Philadelphia—Adelaide Cotter, 245 S 16
Pittsburgh—Andrew Carlson, 809 Arch

PUERTO RICO

San Juan—Santurce—Rafaela Melendez, 306 Condado ave, stop 17

TENNESSEE

Chattanooga—Whipple Bishop, 517 McCallie
Knoxville—Whipple Bishop, YWCA 420 W Clinch
Memphis—Hassall Self, 1911 Madison; Montee Falls, YMCA bldg
Nashville—Susan Smartt, 1816 Broad

TEXAS

Amarillo—Eugenia Lane, 2120 Tyler
Corpus Christi—Ross Peeler, 330 S Tancahua
Dallas—Ruth Gillespie, Cora Crandall, 5638 McCommas
El Paso—Mabel Peck, 1300 E Rio Grande
Fort Worth—Ruth Johnston, 901 Pege
Houston—Dale Newsum, 5002 Caroline; Corine Smith, 3902 Leffingwell
Lubbock—Irene Duncan, 1509 B Ave M
San Antonio—Mary Myles Maverick bldg

WASHINGTON

Bremerton—Marion Brown, 925 Park
Everett—Imogene Elliott, 2701 Rockefeller
Olympia—Warren Meyer, YWCA
Pasco—Beulah Scott, 1125 W Nixon
Redmond—Ella Peterson, Cedar & Kirkland (library bldg)
Richland—Beulah Scott, Dessert Inn
Seattle—Ross Breakwell, 4030 Arcade bldg; Ella Peterson, 12746 33d NE
Spokane—Phil Stovin, 1124 W 6 ave
Tacoma—Warren Meyer, 2102 S 23
Yakima—Beulah Scott, 109 S 4

WEST VIRGINIA

Huntington—Clarion Lindas, Lewis Arcade

WISCONSIN

Beloit—Bernice Biggers, YWCA bldg
Madison—Marguerite McAdams, 208 W Gorham

Mercer—Ella Belerle, Rice lake
Milwaukee—Mae Lundahl, 1820 E North; Emma Terrien, 634 W Wisconsin
Sheboygan—LuVerna Bauer, 1603 S 9

CANADA

Hamilton—Unity, 21 Walnut N
Montreal—May Duncan, 2132 Tupper
Ottawa—May Duncan, Kings Daughters bldg, Laurier ave
Toronto—Mary & George Dunning, 173 Eglinton ave W
Vancouver—Herbert Hunt, 1557 W Broadway
Windsor—Unity, Murray bldg, Pitt at W

ENGLAND

Carnarvon, North Wales—Dora Johnson, Llanfair hall
Easington Village—Thomas Merrington 11 Sea View, Co Durham
London—Ruth Hacking, 6 Stanhope Terrace, W 2
Nr Whitstable—Olive Hacking, 14 Russel dr, Swalecliffe, Kent
Sunderland—T Merrington, Co Durham

Unity literature in French: ASTRA, 10 rue Rochambeau, Paris 9e, France—Unity, 13 rue de Douai, Paris, France; in Italian: Eva Pasini, 5 Corso Genova, Milano (328), Italy; in German: Kathe Blenkner, Deutschherrenstr 190, Bad Godesberg/Lannerdorf, British Zone; in Swedish & Finnish: Maija Blomberg, Tervakoski, Finland; Shigeharu Uchida, 2997, 2 chome, Kasuga-cho, Nerima Ku, Tokyo, Japan; W A DaSilva, Caixa 1340, Sao Paulo, Brazil *(Daily Word* in Portuguese)

The Purpose of Unity

Unity School of Christianity is a religious educational institution teaching the use of the Jesus Christ doctrine in everyday life, and is not a church. However in disseminating the teachings of Unity, based upon the Bible and especially upon the teaching of Jesus Christ, teachers have formed independent organizations for study and worship, and these organizations have evolved into groups called centers, societies, assemblies, and churches. These groups are a part of the Unity fellowship and work in close cooperation with the Unity School of Christianity, but Unity is not a denomination nor a sect. Those who study the Unity teachings and who attend a Unity church are free to keep their affiliation with any church they desire. Unity teachings explain the action of mind, the link between God and man. They explain how mind affects the body, how it brings man into an understanding of God. Accept what, in Unity, appears to you to be Truth, and withhold judgment on the remainder until you understand it.

Christ Enthroned in Man

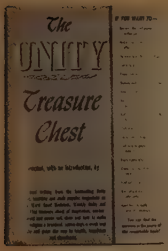
BY CORA DEDRICK FILLMORE

It has long been known that man uses but a small part of the power of his mind and body. In her book *Christ Enthroned in Man,* Cora Fillmore shows how we can develop our latent powers and bring them into full expression.

Christ Enthroned in Man is a companion to Charles Fillmore's book *The Twelve Powers of Man* and should be studied along with it. Chapter by chapter it follows his book, giving an outline of man's "twelve powers," pointing out the physical center from which each power springs, and offering meditations and exercises to call these powers into action. The author emphasizes the importance of first calling forth the Christ Mind and then the twelve fundamental ideas in Divine Mind. But she says that nothing is truly ours until we express it and she gives powerful affirmations to help us express the enlightenment that we receive from this book. The book is best suited to the needs of advanced Truth students.

(*Christ Enthroned in Man* is priced at $1 a copy.)

A TREASURE YOU WILL NOT WANT TO MISS



If you have not read *The Unity Treasure Chest,* you are missing a valuable book—a book that has become immensely popular since it was first announced early this year. This book is unique in the history of Unity, for this collection of all-time favorite Unity writings was published by the international publisher, Hawthorn Books, Inc., of New York City.

In *The Unity Treasure Chest* you will find advice on many vitally important subjects, such as paying your debts, finding a job, making yourself more attractive to others, overcoming insomnia, improving your relations with others, rearing a child in Truth, becoming a better parent, and explaining prayer to children. A list of helpful subjects appears on the inside covers, making it convenient for you to find just the help you need. A section of biographical notes on the favorite authors included is also a feature of special interest.

"I have just received my copy of *The Unity Treasure Chest,*" writes a friend from New York, "and I surely congratulate you on the wonderful work you have put in it. I am sure it will be an inspiration to all who read it."

The Unity Treasure Chest offers 363 pages of vital Truth teaching, with an introduction by Lowell Fillmore. Beautifully bound in blue and protected by a colorful dust jacket, it is available at your local bookstore, your Unity center, or from Unity headquarters for $4.95 a copy.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

NEWS from UNITY

Men of Unity Retreat to Be Held

Unity has just announced that a men's retreat will be held at Unity headquarters from September 29 to October 2. All men interested in Unity are cordially invited to attend, and representatives from various men's groups are especially urged to do so.

Similar men's retreats have been held at Unity in the past, and this practice is being revived with the Men of Unity Retreat. This retreat will be a time of spiritual renewal and fellowship with other like-minded men. Recreation will include a golf tournament to be held on Saturday, September 29. A new idea for a special service project for men's clubs will be presented during this retreat.

Any man who is interested in attending the Men of Unity Retreat should make arrangements to do so by writing as soon as possible to the Director, Men of Unity Retreat, Unity School of Christianity, Lee's Summit, Missouri.

Coming Next Month in UNITY

"There are two wonderful, taken-for-granted talents that we use every day but usually overlook when it comes to spiritual things," writes Nena L. Hart in her article "Hidden Treasure," which will appear in your September UNITY.

She tells us what these two talents are, and she shows us how we can use them to unfold and grow into our divine pattern.

If you would like to learn what your hidden talents are, and how you can use them spiritually, be sure to read this article in your next month's UNITY.

The Secret of Believing

"We hear much about the power of faith," says Gardner Hunting. "We are told that believing is the secret of health, wealth, and happiness. True, but loving is the secret of believing, the essence of believing, the reward of believing."

Around this idea Mr. Hunting has written a strong, forceful article, "Symbol of Reality," which appears in the August issue of *Good Business*.

"Without love, belief is a sail without a breeze, an engine without steam," the author says. "With love, interest becomes devotion, talent becomes genius, achievement becomes miracle, power approaches omnipotence."

"Symbol of Reality" tells in simple, understandable language exactly how one can use his "ability to love" to achieve, through faith, the prosperity, harmony, and inner satisfaction he wants. It is typical of the many practical, useful articles that appear each month in *Good Business*.

Published for and about people who meet and deal with other people in today's busy world, *Good Business* brings a monthly "dividend" of ideas, inspiration, and entertainment. It is priced at $1 a year.

The Positive Approach for Teen-Agers

You magazine teaches teenagers the positive approach to life. It shows in a vivid and interesting way how young people can solve their daily problems constructively.

For instance, an article in the August *You* tells in an entertaining fashion how to say good-by and how to leave when you are visiting. For the benefit of those who have difficulty in breaking away from people gracefully, "It's Time to Go Home," by Helen L. Renshaw, tells how to make the first move toward leaving, how to follow it through, and how to avoid the danger points along the way.

"Quicksand," by Wayne C. Lee, shows how any challenge can be met with courage and inner strength. This exciting story tells how a sixteen-year-old boy, who was a member of an outfit traveling to settle in Colorado, rescued the wagon boss from quicksand.

With timely stories, articles, poems, and many feature departments, *You* helps teenagers learn the art of living

t comes each month for only
1 a year, and it makes a fine
ift.

Unity Literature Available in Foreign Languages

A friend in Germany
vrites, "Please accept my
nost sincere thanks for the
Unity literature in the Ger-
nan language that you sent
o me several weeks ago. You
nave not only awakened a
great joy within me, but you
nave also brought joy to the
nany students and spiritual
riends to whom I gave these
vritings. After we had read
Daily Word one morning, the
even-year-old daughter of
ne of my students said,
Mommy, finally we have a
ook that really speaks of the
ear God.'

"Isn't it wonderful that a
hild should feel the noble
nd good things of life so
nuch by intuition? Your
vritings, and especially the
Daily Word, have become
ery valuable to me. I begin
ach day with these wonder-
il explanations. I can only
y again and again, Unity is
Christianity of action. It
rries the world in itself and
is simple, enlightening,
nd free of dogma. It is truly
ie cosmic teaching of the
aster, Jesus Christ."

Besides German, Unity literature is available in these languages: Dutch, French, Finnish, Greek, Italian, Japanese, Portuguese, Russian, Spanish, Swedish, and Ibo (an African language).

You may have an order form listing the various foreign publications and the price of each simply by sending a request to Unity School of Christianity at Lee's Summit, Missouri.

September Term of Training School

The September term of the Unity Training School begins September 3 and continues through September 28. If you are planning to come to Unity School for this term, you should send in your registration immediately.

Included in the September term are classes by G. LeRoy Dale, Donald O'Connor, Elizabeth Sand Turner, Wilma Powell, Katheryn Jarvis, Zelpha Thompson, Rae Swanson, Dorothy O'Connor, Osla Sehrt Jones, and Ralph Rhea. Subjects of these classes are: Exercise Class; Bible Interpretation, Old Testament; Basic Bible, New Testament; *Lessons in Truth; Christian Healing; Talks on Truth;* Public Speaking; Center Ministry; Ideals and Ethics (a

closed class); Spiritual Counseling; and "This Is a Bountiful Universe."

For a *Prospectus* and registration blank, write to the Unity Training School, Unity School of Christianity, Lee's Summit, Missouri.

New Faith through Silent-70

Through its distribution of free Unity literature, Unity's Silent-70 Department gives new faith in God to many people. From a prison in New York comes this message:

"Your help has done me immeasurable good. Each day brings me some new lesson that prepares me against all pitfalls, and helps me to face all problems.

"If I had found Unity and its teachings early in life, this message would not proceed from a penal institution. Thanks to Silent-70, I have learned well the meaning of freedom—there is no greater freedom outside these walls, which tower to the skyline, than inside. If a man's mind is imprisoned within the four walls of erroneous thinking, he is confined in a prison, wherever he may be. Physically, I am retained here temporarily, but spiritually, my freedom was assured the day it was my good fortune to find one of Unity's little books, telling of a wondrous new way to everlasting life, with peace and happiness along the way."

If you should like to help in this worth-while work, send your contribution to Silent-70, Lee's Summit, Mo.

A Messenger of Truth and Joy

"When I read the message of Truth in *Weekly Unity*," writes a friend, "it makes me wish I could send the magazine to everyone I know, especially to those who are longing for it.

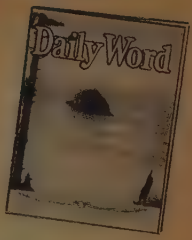
"It is so easy to understand, and it makes one's soul grow every hour of the day. I can hardly wait for the mailman to bring each week's issue.

"Once, when I took the copy of *Weekly Unity* from my mailbox I felt such a thrill and blessing as I unwrapped it that I knew it left someone's hands with a blessing that reached me."

Workers at Unity do bless the copies of all Unity magazines, and they pray that each copy will be a messenger of Truth and joy to its readers.

Weekly Unity is priced at only $1 for a year's subscription (fifty-two issues).

ARE YOU GETTING THE MOST OUT OF YOUR LIFE?



Some persons seem always to be bursting with energy and vitality, and they seem to enthusiastically accomplish all that they undertake.

Are ordinary folks somehow different from the George Bernard Shaws, the Winston Churchills, the Charles Fillmores, and Grandma Moseses of the world? They are not different according to the article "Hello Life," by Martha Smock, in the August *Daily Word*. She says that the seemingly greater vitality possessed by these people is not due to a greater amount of energy, but to the way in which they use the same powerhouse of energy everyone possesses.

This invigorating *Daily Word* article explains how you can stir up the unlimited life and energy within you. Begin by faithfully using the magazine *Daily Word*. The page-length lesson, affirmation, and Bible quotation it provides for each day give uplifting thoughts that keep one from becoming a slave to routine or bored by it.

Workers at Unity begin each morning by reading and meditating on the *Daily Word* lesson for that day, and Unity friends everywhere are invited to join them in prayerful thought. Jesus said, "Where two or three are gathered together in my name, there am I in the midst of them." Imagine the spiritual power released when thousands join in the same prayerful thoughts each day through *Daily Word!* We would love to add your name to our circle of friends. A year's subscription is priced at $1.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

Birthday — 63 YEARS YOUNG!

Unity students everywhere are planning to help celebrate *Wee Wisdom's* sixty-third birthday this August. Although sixty-three, *Wee Wisdom* is as young in heart as the happy young children who read it.

Wee Wisdom is the fruit of Myrtle Fillmore's dream of a Unity magazine for children. She knew how important it is to give children the right kind of start during their impressionable early years.

No children's magazine can be more fun than *Wee Wisdom;* yet *Wee Wisdom* offers much more than entertainment—it teaches children how to grow up by using Truth principles in everyday life. The stories are about boys and girls who solve problems like those that youngsters encounter daily. *Wee Wisdom* offers pictures, puzzles, and games; a letter-writing column that lists names of friends from around the world; prayers; and sections showing how to make and do special things.

Myrtle Fillmore's birthday can be remembered by helping to spread Truth to many more children, and certainly no remembrance could please her more. To do this, during August Unity students are going to offer special prayers for children and order *Wee Wisdom* subscriptions for one or more youngsters. Will you help, too?

The cost for twelve character-building issues of *Wee Wisdom* is only $2 a year.

UNITY SCHOOL OF CHRISTIANITY

LEE'S SUMMIT, MISSOURI

WORLD WITHOUT SIGHT

Think for a moment. What kind of a world would it be without the blessing of eyesight?

Yet there are many who never see the light of day and the visible beauty of the world around them. It is really wonderful to discover the way in which many blind persons overcome their handicap and find much to make life happy, even without vision. To them Braille literature is a form of sight. Many find Unity Braille literature a source of comfort and inspiration. The following Unity publications in Braille are distributed free of charge:

For Young People—Grade 2 Braille

Wee Wisdom—a monthly magazine for children.

You—a monthly magazine for teen-agers.

For Adults—Grade 1½ Braille

Daily Word—a monthly magazine with a meditation, prayer, and Bible verse for each day.

Lessons in Truth—Unity's basic textbook, by H. Emilie Cady.

Finding the Christ—an inspiring booklet also by Miss Cady.

You are invited to send us the name and address of anyone you know without physical sight but can read revised Braille—Grade 1½ or 2—and would like to receive Unity literature.

This service is made possible by love offerings from friends who wish to share their good with others in this way.

Contributions to help in this work, or names and addresses of persons to whom you wish Braille literature sent, should be addressed to the Braille Literature Department.

UNITY SCHOOL OF CHRISTIANITY
LEE'S SUMMIT, MISSOURI

NEARER TO THE FATHER

A friend in California writes, "To my mind the benefit of the Prosperity Bank drill is not only in the material blessings, which are many, but in daily keeping before one the source of these blessings. It develops a sense of nearness to the Father that is of inestimable value in our daily lives, and it has meant very much to me."

The idea behind the Prosperity Bank plan is that by turning our minds to the Christ Mind, we do away with adverse thoughts that are obstacles to our prosperity.

By following the Bank drill, and by dropping a coin in the Bank each day for seven weeks, you can harmonize your will with God's will. You may use the money you save in the Bank to purchase UNITY gift subscriptions for your friends. Why not send for your Bank today?

Unity School of Christianity, Lee's Summit. Mo.

Here is my order for three UNITY gift subscriptions and a Bank in which to save the $3 cost of these subscriptions.

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

NAME .....

Street .....

City ..... State .....

SENDER'S NAME .....

Street .....

City ..... State .....

Please indicate postal zone number, if cities are so divided.

U-8-56

Waters of Silence

Elizabeth Landeweer

Sweet are the waters of silence,
Found in a green wilderness,
Mingled with shadows and sunlight,
Fragrant with lily and cress.

Dim lie the pools of the silence,
Cupped in the hollows of stone,
Flowing on ancient dark mosses,
Lulled to a murmurous tone.

Come, with a lute made of stillness,
Bend to the waters below,
Dip with the wing of the heron,
Drink with the fawn and the doe.

Come, while the whole world lies sleeping,
Bathed in the wild rose of dawn,
Kneel with the wind-winnowed grasses,
Drink with the doe and the fawn.